



# Sacred Heart Catholic Community of Wilton

May 17, 2026 • The Ascension of the Lord

## PARISH COMMUNITY

Father John Christianson • [jchristianson@crookston.org](mailto:jchristianson@crookston.org)  
 Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897  
 Church Physical Address: 135 3rd St NW, Wilton, MN 56687  
[www.sacredheartwilton.com](http://www.sacredheartwilton.com) • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

### BOOKKEEPER

Deb Heineman.....(218) 444-3287

### BULLETIN INFORMATION

Ruth Walters .....(218) 308-1265  
[walters56601@gmail.com](mailto:walters56601@gmail.com)  
 Please call or email bulletin info by 7:00 pm on Thursdays.  
 If you wish to receive the bulletins via email, please contact  
 Ruth Walters at [walters56601@gmail.com](mailto:walters56601@gmail.com).

### CEMETERY

Shelly Fredriksen .....(218) 556-8023  
 Richard Anderson.....(218) 467-3275  
 Clark Chambers.....(218) 760-2936

### COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen .....(218) 556-8023  
 If you would like to use the church or social hall  
 for an event, (wedding, reunion, etc) please contact  
 Shelly to schedule and for rental information.

### FUNERALS

LeAnn Agnes.....(218) 289-2351

### LITURGY

Candy Barthel.....(218) 224-3466  
 Ann Illies.....(218) 751-9254  
 Lois Jenkins.....(218) 444-8140

### MAINTENANCE ADVISOR

Christopher Agnes.....(218) 401-4116

### MUSIC MINISTERS

Deb Smith.....(218) 387-5322  
 Mardelle Mohs.....(715) 699-1384

### PASTORAL COUNCIL

Christopher Agnes.....(218) 401-4116  
 Symon Schindler-Syme  
 Mary Sorenson.....(218) 368-7895  
 Jim Sparke .....(218) 444-9098  
 Jennifer Trammell.....(218) 556-5945  
 Ruth Walters.....(218) 308-1265  
 Regular meetings are the third Sunday of Jan., Mar.,  
 May, Jul., Sep., and Nov. starting at 7:00 pm in the  
 church social hall.

### PARISH OUTREACH

Deb Heineman.....(218) 444-3287

### RELIGIOUS EDUCATION

Contact Fr. John for information.

### TRUSTEES

Richard Anderson  
 Cheryl Pauly

### ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

### BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

### BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

### CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

### HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

### KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

### MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

## SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ  
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

### NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

### RECONCILIATION

Please contact Father John to schedule.

### SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

### TRADITION

The first Sunday of the month, Potluck immediately following Mass.

*Everyone Welcome!*

### VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston  
 Cindy Hulst, LSW  
 24 hour confidential number:  
 (218) 281-7895

### SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

*Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.*

*If you are in need of a gluten free host, please let the Sacristan know*

*Please pray for those who have been called to leave their families in service to our country.*

### LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

5/17/26

Reading I Acts 1:1-11  
Responsorial Psalm Psalm 47:2-3, 6-9  
Reading II Ephesians 1:17-23  
Gospel Matthew 28:16-20

5/18/26

Reading I Acts 19:1-8  
Responsorial Psalm Psalm 68:2-7  
Gospel John 16:29-33

5/19/26

Reading I Acts 20:17-27  
Responsorial Psalm Psalm 68:10-11, 20-21  
Gospel John 17:1-11a

5/20/26

Reading I Acts 17:15, 22-18:1  
Responsorial Psalm Psalm 148:1-2, 11-14  
Gospel John 16:12-15

5/21/26

Reading I Acts 22:30; 23:6-11  
Responsorial Psalm Psalm 16:1-2a 5, 7-11  
Gospel John 17:20-26

5/22/26

Reading I Acts 25:13b-21  
Responsorial Psalm Psalm 103:1-2, 11-12, 19-20  
Gospel John 21:15-19

5/23/26

Reading I Acts 28:16-20, 30-31  
Responsorial Psalm Psalm 11:4, 5, 7  
Gospel John 21:20-25



**MARK YOUR CALENDAR**

- May 17 Second Collection**  
Catholic Communications/Catholic University
- June 7 Second Collection**  
Capital Improvements
- Potluck**  
Following Mass.
- June Serving Crew**  
Bruce & Lorraine Galland

**KC'S WALLEYE CLASSIC**

Stephen Aultman will be selling Knight of Columbus Walleye Classic tickets after mass. Tickets are \$10.00 each for a chance at a boat, motor and trailer package worth \$38,439.00, 1 drawing for \$1,000, 1 drawing for \$500.00, 2 drawings for \$250.00, 15 drawings for \$100.00 and 5 drawings for a 1/2 day guided fishing trip. Drawing on June 13th, need not be present to win..



Mass Intentions

**MASS INTENTIONS**  
For healing for  
**Whitey Kloeppner**

**PLEASE NOTE**

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



**HAPPY BIRTHDAY!**

• May 17 •

**FR. JOHN CHRISTIANSON**

• May 22 •

**PATTI SELLON**



**HAPPY ANNIVERSARY!**

• May 20 •

**PATRICK & TAMI ERICKSON**



**ANNIVERSARY PARTY**

All are invited to celebrate Richard & Vange Anderson's 50th Wedding Anniversary on Saturday, June 13th at the Eagles Club in Bemidji. Open house will be from 5-7 pm, with a dance from 7-11 pm. Please RSVP to Jeff & Jennifer Anderson at (507) 398-5910. No gifts please.



**MAY 17**

- Greeters.....Ann Illies
- Altar Server.....Parker Fuller
- Announcers & Readers..... Megan Fuller  
Ann Illies, Joe Rucinski
- Ushers.....John Trammell  
John Sorensen
- Eucharistic Ministers..... Evie Johnson  
Carol Bjelland, Theresa Wilander

**MAY 24**

- Greeters.....Lorraine Galland
- Altar Server.....John Carrison
- Announcers & Readers..... Vange Anderson  
Lois Jenkins, Molly Vollbrecht
- Ushers..... Karl Oestreich  
Zach Thoma
- Eucharistic Ministers.....Lorraine Galland  
Kathy Carrison, John Trammell,

**MAY 31**

- Greeters..... Jim Sparke
- Altar Server.....Joseph Smith
- Announcers & Readers..... Candy Barthel  
Josie Proulx, Jim Sparkes
- Ushers..... Theresa Wilander  
Carol Bjelland
- Eucharistic Ministers..... Karen Shafer  
Mary Sorensen, Ruth Walters

**EUCHARISTIC MINISTERS**

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

**FINANCES**

May 10, 2026

**General Account**

Children .....	\$8.00
Adults .....	\$1,614.76
Loose.....	\$269.00
Doughnuts.....	\$42.00
Mailed.....	\$220.00

**Cemetery Account**

Donations.....\$362.00

**Youth Scholarship Account**

Donation..... \$30.00

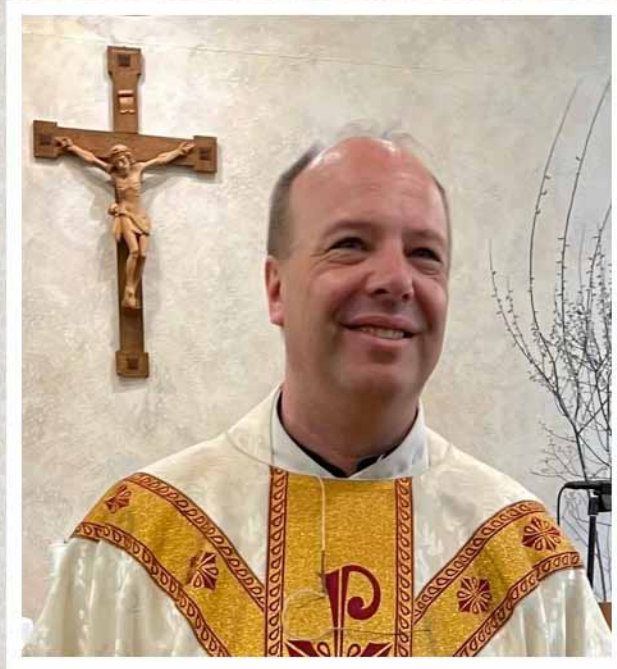
## REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre  
Barb Arbuckle  
Sandra Brown  
Clark Chambers  
Kristy Christianson  
Curt Connelly  
Bill Downs  
Alys Ann Edwards  
Blake Edwards  
Harriet Elsberd  
Dennis Enright  
Sophia Forchass  
Briggs Geisen  
Brandi Green  
Brandon Hart  
Ed Haskell  
Johanna Heineman  
Harlan Johnson  
Van Johnson  
Whitey Kloepfner  
Rosie Larson  
Mike Lien  
Margie Lisak  
Kay Lisak-Buck  
Julianne Little  
Lydia  
Kate Mayo  
Seth & Lochlan McClusky  
Brody Moen  
Delores Orth  
Elizabeth Parthun  
Joe Raiter  
Janice Renner  
Lubchek Ryzhyy  
Bernice Sauve  
Larry Schmidt  
Cathy Simenson  
Kevin Smethers  
Calvin Smith  
John Sorensen  
John Swanson  
Peggy Thayer  
Debbie Theis Miller  
Katie Van Der Meer  
Gary Vold  
Ross Walters  
Madonna Welter  
Gary Wendleing



### It's Fr. John's Birthday Today!



### THANK YOU!

Thank you Karen and Janice and the 8 volunteers from Sacred Heart Church who assembled the beautiful Mothers Day corsages!



## Sunday, May 17, 2026

### Witness your own way

Howard Thurman, the theologian, activist, and mentor of Dr. Martin Luther King, Jr., once observed: “Don’t ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs are people who have come alive.” That may sound “selfish”: When you’re discerning the best way to serve, shouldn’t you start with any of the world’s many great needs rather than your own? The world, however, has enough problems to go around. Your response will be most effective when it grows out of what animates you in a deep way. As the Easter Season draws to a close, there can be no better witness to the risen Jesus than to follow *his* way in *your* way.

SEVENTH SUNDAY OF EASTER

Acts 1:12-14; 1 Peter 4:13-16; John 17:1-11a (59). *“The words you gave to me I have given to them.”*

## Monday, May 18, 2026

### The value of courage

Courage is not something only for superheroes or daredevils. All of us have need to call on courage in our normal lives. Having a difficult conversation that needs to happen; doing the right thing by a family member, friend, or coworker; facing a situation that makes us feel vulnerable or awkward. Fortitude is defined as the strength that enables someone to face danger or pain or adversity with courage. It is also a gift of the Holy Spirit. When you need fortitude to deal with a challenging situation, call upon the Spirit of Jesus, whose fortitude enabled him to remain true to his mission even as he faced death on a cross.

EASTER WEEKDAY

Acts 19:1-8; John 16:29-33 (297). *“In the world you will have trouble, but take courage, I have conquered the world.”*

## Tuesday, May 19, 2026

### The long road to glory

Under normal circumstances, glory describes success with high honors, such as an athletic or artistic achievement or a brilliant business deal. Glory is even reaped by those who perform heroic acts that earn public esteem. But for Christians glory means something else entirely. The Book of Glory, the name for chapters 13-20 in John’s gospel, tells the story from the Last Supper through Easter Sunday, where Jesus heads for glory in the direction of the cross. On the far side of suffering and death is the ultimate victory. Follow that road so that you may share in God’s eternal glory.

EASTER WEEKDAY

Acts 20:17-27; John 17:1-11a (298). *“Father, the hour has come. Give glory to your son, so that your son may glorify you.”*

## Wednesday, May 20, 2026

### Modern missionaries

Austrian-born Dr. Anna Dengel was working in northern India when she realized many women, because of their Muslim customs, were not receiving the care they needed from male physicians. Convinced that a group of women health professionals who dedicated their lives to God could make a difference, Dengel founded the Medical Mission Sisters in 1925. Her vision launched a new approach to missionary work and pioneered new roles for women religious. Mission work is still about bringing the presence

of Christ to the whole world, but more often now the preaching is done through caring practice. Catch the missionary spirit in your own life.

EASTER WEEKDAY

Acts 20:28-38; John 17:11b-19 (299). *“As you sent me into the world, so I sent them into the world.”*

## Thursday, May 21, 2026

### See how they smile

“I am he as you are he as you are me and we are all together.” So goes the opening line of the Beatles hit “I Am the Walrus” and the long-debated question of “Who is the walrus?” and “Is that a good thing or bad?” The verse bears an uncanny resemblance to the Lord’s words in the gospel: “I in them and you in me, that they may be . . .” together! Togetherness is a noble goal; it is the joy of relationships, family, and community. It is the unity of the Holy Spirit poured out at Pentecost. Pray for the love of God that we may be one. And perhaps you’ll discover just who is the walrus.

EASTER WEEKDAY

Acts 22:30; 23:6-11; John 17:20-26 (300). *“And I have given them the glory you gave me, so that they may be one, as we are one.”*

## Friday, May 22, 2026

### An offer you shouldn’t refuse

The story of Saint Peter is one of the most fascinating in the New Testament. He veered between misunderstanding and understanding and denial and faith, but he always came through in the end. He got second chances and took advantage of them. Having breakfast with the risen Jesus and the other disciples, he had the opportunity to reverse his earlier three denials of knowing Christ when Jesus asked him—three times—if Peter loved him. To each of Peter’s professions of love, Jesus responded with “feed my sheep, tend my lambs”: Jesus the good shepherd was telling Peter to be the same for the community. Despite life’s failures, God always holds out the offer of return. Be like Peter and accept it.

EASTER WEEKDAY

Acts 25:13b-21; John 21:15-19 (301). *“He said to Simon Peter, ‘Simon, son of John, do you love me?’”*

## Saturday, May 23, 2026

### Limited options

We only have one choice as disciples: Follow Jesus. We can whine and rail and question and doubt, but in the end our task remains the same: Follow Jesus. What does it mean to follow Jesus? To be willing to give our lives for the sake of others. It sounds extreme, but most of us do this every day as we care for our families, serve in our communities, and provide dedicated work on the job. Giving of yourself doesn’t require anything in return. Thus, nothing can stop the process. No waiting around for gratitude or favors or comparing who got what. Just follow Jesus.

EASTER WEEKDAY

Acts 28:16-20, 30-31; John 21:20-25 (302). *“Jesus said to him, ‘What if I want him to remain until I come? What concern is it of yours? You follow me.’”*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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