



# Sacred Heart Catholic Community of Wilton

May 24, 2026 • Pentecost Sunday

## PARISH COMMUNITY

Father John Christianson • [jchristianson@crookston.org](mailto:jchristianson@crookston.org)  
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897  
Church Physical Address: 135 3rd St NW, Wilton, MN 56687  
[www.sacredheartwilton.com](http://www.sacredheartwilton.com) • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

### BOOKKEEPER

Deb Heineman.....(218) 444-3287

### BULLETIN INFORMATION

Ruth Walters .....(218) 308-1265  
[walters56601@gmail.com](mailto:walters56601@gmail.com)  
Please call or email bulletin info by 7:00 pm on Thursdays.  
If you wish to receive the bulletins via email, please contact Ruth Walters at [walters56601@gmail.com](mailto:walters56601@gmail.com).

### CEMETERY

Shelly Fredriksen .....(218) 556-8023  
Richard Anderson.....(218) 467-3275  
Clark Chambers.....(218) 760-2936

### COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen .....(218) 556-8023  
If you would like to use the church or social hall for an event, (wedding, reunion, etc) please contact Shelly to schedule and for rental information.

### FUNERALS

LeAnn Agnes.....(218) 289-2351

### LITURGY

Candy Barthel.....(218) 224-3466  
Ann Illies.....(218) 751-9254  
Lois Jenkins.....(218) 444-8140

### MAINTENANCE ADVISOR

Christopher Agnes.....(218) 401-4116

### MUSIC MINISTERS

Deb Smith.....(218) 387-5322  
Mardelle Mohs.....(715) 699-1384

### PASTORAL COUNCIL

Christopher Agnes.....(218) 401-4116  
Symon Schindler-Syme  
Mary Sorenson.....(218) 368-7895  
Jim Sparke .....(218) 444-9098  
Jennifer Trammell.....(218) 556-5945  
Ruth Walters .....(218) 308-1265  
Regular meetings are the third Sunday of Jan., Mar., May, Jul., Sep., and Nov. starting at 7:00 pm in the church social hall.

### PARISH OUTREACH

Deb Heineman.....(218) 444-3287

### RELIGIOUS EDUCATION

Contact Fr. John for information.

### TRUSTEES

Richard Anderson  
Cheryl Pauly

### ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

### BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

### BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

### CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

### HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

### KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

### MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

## SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ  
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

### NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

### RECONCILIATION

Please contact Father John to schedule.

### SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

### TRADITION

The first Sunday of the month, Potluck immediately following Mass.

*Everyone Welcome!*

### VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston  
Cindy Hulst, LSW  
24 hour confidential number:  
(218) 281-7895

### SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

*Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.*

*If you are in need of a gluten free host, please let the Sacristan know*

*Please pray for those who have been called to leave their families in service to our country.*

### LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

5/24/26

Reading I Genesis 11:1-9  
Responsorial Psalm Psalm 33:10-15  
Reading II Exodus 19:3-8a, 16-20b  
Gospel John 7:37-39

5/25/26

Reading I Genesis 3:9-15, 20  
Responsorial Psalm Psalm 87:1-3, 5-7  
Gospel John 19:25-34

5/26/26

Reading I I Peter 1:10-16  
Responsorial Psalm Psalm 98:1-4  
Gospel Mark 10:28-31

5/27/26

Reading I I Peter 1:18-25  
Responsorial Psalm Psalm 147:12-15, 19-20  
Gospel Mark 10:32-45

5/28/26

Reading I I Peter 2:2-5, 9-12  
Responsorial Psalm Psalm 100:2-5  
Gospel Mark 10:46-52

5/29/26

Reading I I Peter 4:7-13  
Responsorial Psalm Psalm 96:10-13  
Gospel Mark 11:11-26

5/30/26

Reading I Jude 17, 20b-25  
Responsorial Psalm Psalm 63:2-6  
Gospel Mark 11:27-33



### MARK YOUR CALENDAR

#### June 7 Second Collection

Capital Improvements

#### Potluck

Following Mass.

#### June Serving Crew

Bruce & Lorraine Galland

#### June 27 Celebration of Life • Lois Hadrava

3:00 pm, Sacred Heart

### KC'S WALLEYE CLASSIC

Stephen Aultman will be selling Knight of Columbus Walleye Classic tickets after mass. Tickets are \$10.00 each for a chance at a boat, motor and trailer package worth \$38,439.00, 1 drawing for \$1,000, 1 drawing for \$500.00, 2 drawings for \$250.00, 15 drawings for \$100.00 and 5 drawings for a 1/2 day guided fishing trip. Drawing on June 13th, need not be present to win..



Mass Intentions

### MASS INTENTIONS

For healing for

**Rosie Larson**

### PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



### HAPPY BIRTHDAY!

• May 25 •

**JON CARLSON**

• May 27 •

**GARRISEN FREDRIKSEN**



### ANNIVERSARY PARTY

All are invited to celebrate Richard & Vange Anderson's 50th Wedding Anniversary on Saturday, June 13th at the Eagles Club in Bemidji. Open house will be from 5-7 pm, with a dance from 7-11 pm. Please RSVP to Jeff & Jennifer Anderson at (507) 398-5910. No gifts please.



## Ministries

### MAY 24

Greeters.....Lorraine Galland  
Altar Server.....John Carrlson  
Announcers & Readers.....Vange Anderson  
Lois Jenkins, Molly Vollbrecht  
Ushers.....Karl Oestreich  
Zach Thoma  
Eucharistic Ministers.....Lorraine Galland  
Kathy Carrlson, John Trammell,

### MAY 31

Greeters.....Jim Sparke  
Altar Server.....Joseph Smith  
Announcers & Readers.....Candy Barthel  
Josie Proulx, Jim Sparkes  
Ushers.....Theresa Wilander  
Carol Bjelland  
Eucharistic Ministers.....Karen Shafer  
Mary Sorensen, Ruth Walters

### JUNE 7

Greeters.....Ann Illies  
Altar Server.....Brenalen Fredriksen-Holm  
Announcers & Readers.....Laura Carleton  
Lynn Eaton, Megan Fuller  
Ushers.....John Trammell  
John Sorensen  
Eucharistic Ministers.....Carol Bjelland  
Theresa Wilander, Evie Johnson

### EUCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

### FINANCES

#### May 17, 2026

#### General Account

Children .....	\$2.00
Adults .....	\$914.24
Loose.....	\$214.00
Doughnuts.....	\$29.00
Mailed.....	\$20.00

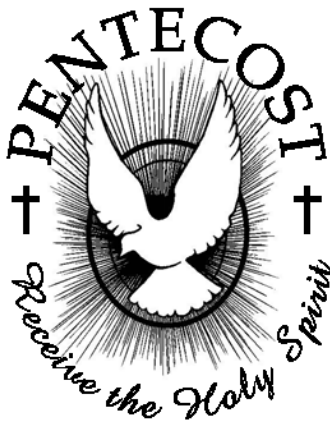
#### Cemetery Account

Donations.....	\$75.00
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## REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre  
Barb Arbuckle  
Sandra Brown  
Clark Chambers  
Kristy Christianson  
Curt Connelly  
Bill Downs  
Alys Ann Edwards  
Blake Edwards  
Harriet Elsberd  
Dennis Enright  
Sophia Forchass  
Briggs Geisen  
Brandi Green  
Brandon Hart  
Ed Haskell  
Johanna Heineman  
Harlan Johnson  
Van Johnson  
Whitey Kloepfner  
Rosie Larson  
Mike Lien  
Margie Lisak  
Kay Lisak-Buck  
Julianne Little  
Lydia  
Kate Mayo  
Seth & Lochlan McClusky  
Brody Moen  
Delores Orth  
Elizabeth Parthun  
Joe Raiter  
Janice Renner  
Lubchek Ryzhyy  
Bernice Sauve  
Larry Schmidt  
Cathy Simenson  
Kevin Smethers  
Calvin Smith  
John Sorensen  
John Swanson  
Peggy Thayer  
Debbie Theis Miller  
Katie Van Der Meer  
Gary Vold  
Ross Walters  
Madonna Welter  
Gary Wendleing



## NOWHERE TO HIDE

When things go wrong in life, it's human nature to fall back and regroup. We instinctively look for a safe quiet place to think things out. But oftentimes in our desire to hide, we lock out the positive as well. Some doors, once closed, can prove difficult to pry open, leaving us isolated from people who love us. We stand inside our little safe room avoiding pain, and end up avoiding joy as well.

Following that fearful Passover week, the disciples too were hungry for a quiet, secure place. They huddled behind closed doors, physical and emotional, trying to sort out what went wrong. But the joyous message of today's gospel is that even locked in, safe behind closed doors, God's truth will find you out. Jesus will arrive in your secret hiding place to declare his presence and healing power. When you are unable to go out and face the world, He will come in to you. How blessed it is, that even in the upper rooms of our lives He gives us nowhere to hide from His love.

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## WHAT'S IN YOUR HEART?

From one to many and back to one. That's how the readings for Pentecost Sunday describe the work of the Holy Spirit. One Spirit is given in many different forms of witness and service for the same benefit. The many members come together in one body. The spirit is given to reconcile, to bring harmony out of conflict.

- The Spirit inspired those gathered at the first Pentecost to speak of the "mighty acts of God." What have been the mighty acts of God in your life?
- The Spirit grants different gifts and forms of service. What particular spiritual gifts and forms of service have you been given?
- The Spirit gives forgiveness. Where have you been forgiven?

## A TIME FOR TRANSFORMATION

Among the readings we don't hear this weekend is the passage from Ecclesiastes 3 about the appointed time for everything. It would be a good one for Pentecost because it explores how transformative the simple motion of time can be. One minute we're born, and before long we die. One moment we're weeping, and in time we'll laugh again.

This idea is pertinent to Pentecost because in this past Easter Season of marvels, everything has been revolving swiftly for the disciples. For a time they're huddled in the upper room, behind locked doors, fearful of discovery. Then Jesus appears and brings his incomparable peace. Before long he's gone again, taken from their sight. So the disciples return to the upper room to pray and to wait for an event they could scarcely anticipate.

The upper room is a sort of cocoon of transformation for the friends of Jesus. It's the place Jesus first shares the mystery of bread and wine as his Body and Blood on Holy Thursday night. It's also where he washes their feet and impresses on them the importance of service. Just as food becomes Eucharist and teachers become servants, so, too, in this room fear becomes hope and frightened students become fearless evangelists.

This past Lent I attended the Chrism Mass in the Diocese of Stockton. Bishop Stephen Blaire spoke movingly about the integrity of what we believe: how the gospel events we memorialize through the liturgical year are of one piece and point to one great truth. In recognition of this vital integrity, the series of transformations that emerge from the upper room are no mere coincidence. We, the disciples of Jesus, enter that room to discover who we are and who we're called to become. Then we emerge to express that identity to a world in need of the illumination of such witnesses. Is there any doubt that the "upper room" of our present experience is the hour of Eucharist itself?

It's here that we learn, as the first disciples did, how to be church. Here we come to confess "that we have sinned through our own fault," and to give glory to God, and to profess our faith. Here we announce the Good News of scripture and pray for the needs of our world and remember the great self-offering of Jesus and share in the meal that makes us bearers of his life. From here we pour out into streets around the world and speak in every language about what we know to be true—including and most especially the language of action. Pentecost was not meant to be once-upon-a-time. When we appreciate what the Spirit of God has made of us, it's Pentecost again.

*Alice Camille*

Alice Camille is a religious educator, scripture commentator, and author of many books including *This Transforming Word* and other titles found at [alicecamille.com](http://alicecamille.com).

## Sunday, May 24, 2026

### Church starts here

Pentecost is like falling in love: It hits you like a ton of bricks. You become totally devoted to someone else, only in this case someone else isn't that special guy or gal, it's everybody. And just like two people in love have an almost mystical ability to communicate their hearts to each other, the gift of the Spirit gives you the language of love that speaks to all kinds of people, no matter how different they might be. And just like love comes to those who wait for it, the Spirit of God comes to those who desire it with all their hearts.

#### SOLEMNITY OF PENTECOST

Acts 2:1-11; 1 Corinthians 12:3b-7, 12-13; John 20:19-23 (63).  
*"He breathed on them and said to them, 'Receive the Holy Spirit.'"*

## Monday, May 25, 2026

### A Mother to all

In 2018, Pope Francis added a memorial to celebrate the Blessed Virgin Mary in her role as "Mother of the Church" every year on the Monday after Pentecost as a way to foster Marian piety and the "maternal sense of the church." The Marian title of "Mother of the Church," was given to the Blessed Mother by Blessed Pope Paul VI at the Second Vatican Council. With its addition to the General Roman Calendar, it's now celebrated by the whole Roman Catholic Church. Ponder how your own faith has been nurtured within the church community, and take a moment to thank Mary for serving as mother of us all.

#### MEMORIAL OF THE BLESSED VIRGIN MARY, MOTHER OF THE CHURCH

Genesis 3:9-15, 20 or Acts 1:12-14; John 19:25-34 (572A).  
*"Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala."*

## Tuesday, May 26, 2026

### A man of good cheer

After an intense period of study, Saint Philip Neri saw in a vision that his mission was in the streets of Rome. So he planted himself amid the bustle of public squares and drew people out of their apathy with friendly humor and discourse. Once engaged he would eventually ask: "Well, brothers, when shall we begin to do good?" And then he'd lead the crowd to service among the sick and poor of Rome. Despite great demands on his time by the thousands who sought his counsel over the years, Neri was known to be ever cordial and welcoming. "Cheerfulness," he said, "strengthens the heart and makes us persevere in a good life. Therefore, the servant of God ought always to be in good spirits." Keep smiling!

#### MEMORIAL OF PHILIP NERI, PRIEST

1 Peter 1:10-16; Mark 10:28-31 (348). *"Be holy because I am holy."*

## Wednesday, May 27, 2026

### In the service of truth

All throughout history there have been truths that, once discovered and accepted, have changed everything. Discovering that the Earth is round and that the sun is the center of our solar system, for example, brought on a revolution in thought that is hard to overstate. The same applies to spiritual truths: Once they are known and accepted, the unwieldy, disconnected pieces of our

lives tend to fall into place and everything changes for the better. Jesus' statement, "I came not to be served, but to serve," is one such radical spiritual truth. If we lived our lives from this perspective, wisdom and compassion would prevail. Just for today, approach every task and every person with this attitude in mind.

1 Peter 1:18-25; Mark 10:32-45 (349). *"For the Son of Man did not come to be served but to serve."*

## Thursday, May 28, 2026

### Dedicated to the one we love

Saint Teresa of Calcutta had a way of packing a lot of insight into statements that on the surface seemed pretty elementary. Take for example the way she described the Missionaries of Charity, the order she founded to care for the destitute dying and other "unwanted" persons: "Many people mistake our work for our vocation," she said. "Our vocation is the love of Jesus." Her words apply to all Christians. Whatever you do, put love for Jesus at the center. Your true calling and life's work will flow from there.

1 Peter 2:2-5, 9-12; Mark 10:46-52 (350). *"So they called the blind man, saying to him, 'Take courage; get up, Jesus is calling you.'"*

## Friday, May 29, 2026

### Forgive as we are forgiven

Mark's gospel does not include Jesus teaching the Lord's Prayer, as he does in the other gospels. Like Matthew and Luke, however, Mark does show Jesus linking our own forgiveness to our willingness to forgive others. The Lord's Prayer asks that God forgive us as we forgive others; those who seek forgiveness must be "forgivers" themselves. In Mark, Jesus says: "Whenever you stand praying, forgive, if you have anything against anyone; so that your Father in heaven may also forgive you your trespasses." Jesus characterizes his own mission as handing himself over "so that sins may be forgiven." We need and desire forgiveness. See how quickly it comes when you start by forgiving others.

1 Peter 4:7-13; Mark 11:11-26 (351). *"All that you ask for in prayer, believe that you will receive it and it shall be yours."*

## Saturday, May 30, 2026

### Keep it simple

Jesus asks both everything and almost nothing of his disciples. Everything: that we give our whole lives to following him. And almost nothing: that we trust him and the Father, love as we are loved, forgive as we are forgiven, and show the mercy we ourselves have received. Though it asks much—everything, really—being a Christian is actually pretty simple: love God with your whole self, and that love will overflow to others. As Saint Augustine put it: "Love, and do what you will."

Jude 17, 20b-25; Mark 11:27-33 (352). *"Keep yourselves in the love of God and wait for the mercy of our Lord Jesus Christ."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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