



Sacred Heart Catholic Community of Wilton

June 14, 2026 • Eleventh Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman.....(218) 444-3287

BULLETIN INFORMATION

Ruth Walters(218) 308-1265
walters56601@gmail.com

Please call or email bulletin info by 7:00 pm on Thursdays.

If you wish to receive the bulletins via email, please contact Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen(218) 556-8023
Richard Anderson.....(218) 467-3275
Clark Chambers(218) 760-2936

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen(218) 556-8023
If you would like to use the church or social hall for an event, (wedding, reunion, etc) please contact Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes.....(218) 289-2351

LITURGY

Candy Barthel(218) 224-3466
Ann Illies.....(218) 751-9254
Lois Jenkins(218) 444-8140

MAINTENANCE ADVISOR

Christopher Agnes.....(218) 401-4116

MUSIC MINISTERS

Deb Smith.....(218) 387-5322
Mardelle Mohs(715) 699-1384

PASTORAL COUNCIL

Symon Schindler-Syme

Mary Sorenson.....(218) 368-7895
Jennifer Trammell.....(218) 556-5945
Ruth Walters(218) 308-1265

Regular meetings are the third Sunday of Jan., Mar., May, Jul., Sep., and Nov. starting at 7:00 pm in the church social hall.

PARISH OUTREACH

Deb Heineman.....(218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

Please contact Father John to schedule.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSW
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Clark Chambers
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloepfner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhyy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Madonna Welter
Gary Wendleing



CHECK THE PRICE TAG

Nothing in life is free, or so the saying goes. Years of tricky advertising copy and shady sales pitches have ensured that we mistrust any item offered without cost. If it's given for free, it must be worthless we think, because money hasn't exchanged hands. The value of everything is shown by its price tag, not its content or even intent.

It's frightening how this price tag valuation has been exploited in the name of faith. Religious conmen regularly offer us healing, hope and their misguided road to salvation for "just a small donation". Buy my book, my video or send a check they say and I will help you. And sadly, this salvation on the installment plan leads thousands astray. Our answer to these false messiahs is in today's gospel. Jesus tells His disciples "Without cost you have received, without cost you are to give." God has given us a simple way to judge whether a teaching, gift or even salvation, comes from God or man. Check the price tag. If it's more than \$0.00, think again.

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2026 DIOCESAN ANNUAL APPEAL:

IN CHRIST, WE ARE ONE!

Thank you for your support of the Diocesan Annual appeal! Your generous gift, joined with others, gives encouragement, strength, and purpose to our family of faith. If you have not had the opportunity to make your commitment, please make your pledge of gift this weekend. You can donate online at www.crookston.org/DAA. For questions about automatic sustained giving, contact Renee Tate at rtate@crookston.org or call 218-281-4533, Ext 432 Your gifts shine the love of Christ to every corner of our diocese!



**NORTHLAND
CATHOLIC**

Stay connected to Bishop Cozzens and the Diocese of Crookston through the *Northland Catholic* weekly e-newsletter!



Diocese of
CROOKSTON

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Sunday, Jun 14, 2026

Get on God's good list

At county fairs there always seems to be a stand where someone offers to write your name on a grain of rice. As novel a proposition as that is, perhaps there are better places to have our names inscribed. Scripture mentions a "Book of Life" eight times. It's described as the registry of the just—a desirable place to be listed. Martyrdom is one sure way to make the registry and promoting the gospel is another. Simply put, live for Christ and bring Jesus to others, and you'll find your name in the book.

ELEVENTH SUNDAY IN ORDINARY TIME

Exodus 19:2-6a; Romans 5:6-11; Matthew 9:36—10:8 (91).

"The names of the twelve apostles are these: first, Simon called Peter, and his brother Andrew."

Monday, Jun 15, 2026

Cost analysis

In the Old Testament, Queen Jezebel's sniveling husband, Ahab, wanted the vine grower Naboth's land. Naboth became an annoyance, disposable as a dead battery. Having Naboth eliminated worked for Jezebel. No problem. She may have taken getting an edge over the competition to an extreme, yet it is still something drummed into our heads. It seems that everyone—from corporate CEOs to athletes to politicians—will do just about anything to win. But the goal for Christians is not winning—but loving—at all costs.

1 Kings 21:1-16; Matthew 5:38-42 (365). *"When someone strikes you on your right cheek, turn the other one to him as well."*

Tuesday, Jun 16, 2026

Know thy enemy

It may surprise you, but the saint so renowned for his "Peace Prayer" once fought in a war. So when Saint Francis of Assisi says, "You have no enemy except yourselves," you can't help but think an ex-soldier should know something about enemy ways. Though Francis didn't write the "Peace Prayer," it reflects his teachings and covers many ways we can be the enemy—or peacemakers instead. One is "Seek not to be . . . understood as to understand." Francis learned this the day he stopped to embrace a leper rather than simply tossing him some coins. We associate enemies with the emotion of hate, but as Francis learned, a formidable enemy is our own fear.

1 Kings 21:17-29; Matthew 5:43-48 (366). *"Love your enemies and pray for those who persecute you."*

Wednesday, Jun 17, 2026

Left holding the mantle

When the prophet Elijah left this world in a whirlwind, his departure was less about the spectacle and more about what he left behind: a master's mantle and a "double share" of his spirit. Jesus took the grand exit even further by dying and rising again before ascending into heaven. Though we may feel a bit slightly abandoned at times, like Elijah, Jesus left us with his Spirit, which he assures us will empower us to do the things he did "and greater besides"—not walking on water or changing water to wine but "righteous deeds," acts of compassion, justice, and forgiveness. Pick up the master's mantle and wear it well.

2 Kings 2:1, 6-14; Matthew 6:1-6, 16-18 (367). *"Elijah went up to heaven in a whirlwind."*

Thursday, Jun 18, 2026

Your very own prayer

Prayer. We know it's important, we're drawn to it, but we're not always quite sure what we are doing. Jesus gives us examples of prayer throughout the gospels, including what we call "The Lord's Prayer." We know the words, but do we know this prayer by heart—that is, do we tune into our relationship with God when we give voice to this prayer? Do we look to see whether we've allowed our relationship with God to flow into all aspects of our daily life? Pray Jesus' prayer slowly, savoring each word. Or try praying a different translation or your own version of the prayer to spark your imagination. Make this beautiful prayer truly your own.

Sirach 48:1-14; Matthew 6:7-15 (368). *"In praying, do not babble like the pagans."*

Friday, Jun 19, 2026

What are you looking at?

The monastic discipline of "custody of the eyes," which originally was promoted as an aid to chaste living, encouraged averting the eyes from objects and images that might incite lust, vanity, or covetousness. Such a spiritual practice would serve us well in this age of total media exposure, greed, and graphic representations of sex and violence. If the eyes are the windows to the soul, then we need to protect what gets filtered in. Garbage in, garbage out applies to spiritual lives as much as to our technical lives. Make sure the data you process each day is restorative and life-giving. Be mindful that where your eye wanders, there your heart may soon follow.

2 Kings 11:1-4, 9-18, 20; Matthew 6:19-23 (369). *"If your eye is sound, your whole body will be filled with light."*

Saturday, Jun 20, 2026

As you sow, so shall you reap

"If we are rushed for time, sow time and we will reap time," Dorothy Day wrote in her memoir *The Long Loneliness*. "Go to church and spend a quiet hour in prayer. You will have more time than ever and your work will get done. Sow time with the poor. Sit and listen to them, give your time lavishly. You will reap time a hundredfold. Sow kindness and you will reap kindness. Sow love, you will reap love." How many of us would try to cope with our busy schedules by actually taking time for something not on our to-do lists? Today's lesson compliments of Dorothy Day: Trust that God will multiply the time we invest in prayer, love, and generosity into a great harvest.

2 Chronicles 24:17-25; Matthew 6:24-34 (370). *"Seek first the Kingdom of God and his righteousness, and all these things will be given you besides."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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