



Sacred Heart Catholic Community of Wilton

July 19, 2026 • Sixteenth Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman..... (218) 444-3287

BULLETIN INFORMATION

Ruth Walters (218) 308-1265
walters56601@gmail.com

Please call or email bulletin info by 7:00 pm on Thursdays.
If you wish to receive the bulletins via email, please contact
Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen (218) 556-8023
Richard Anderson..... (218) 467-3275
Clark Chambers (218) 760-2936

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen (218) 556-8023
If you would like to use the church or social hall
for an event, (wedding, reunion, etc) please contact
Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes..... (218) 289-2351

LITURGY

Candy Barthel (218) 224-3466
Ann Illies..... (218) 751-9254
Lois Jenkins (218) 444-8140

MAINTENANCE ADVISOR

Christopher Agnes..... (218) 401-4116

MUSIC MINISTERS

Deb Smith..... (218) 387-5322
Mardelle Mohs (715) 699-1384

PASTORAL COUNCIL

Symon Schindler-Syme
Mary Sorenson..... (218) 368-7895
Jennifer Trammell..... (218) 556-5945
Ruth Walters (218) 308-1265
Regular meetings are the third Sunday of Jan., Mar.,
May, Jul., Sep., and Nov. starting at 7:00 pm in the
church social hall.

PARISH OUTREACH

Deb Heineman..... (218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

Please contact Father John to schedule.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSW
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

7/19/26

Reading I Wisdom 12:13, 16-19

Responsorial Psalm Psalm 86:5-6, 9-10, 15-16

Reading II Romans 8:26-27

Gospel Matthew 13:24-43

7/20/26

Reading I Micah 6:1-4, 6-8

Responsorial Psalm

Psalm 50:5-6, 8-9, 16-17, 21, 23

Gospel Matthew 12:38-42

7/21/26

Reading I Micah 7:14-15, 18-20

Responsorial Psalm Psalm 85:2-8

Gospel Matthew 12:46-50

7/22/26

Reading I Song of Songs 3:1-4b

Responsorial Psalm Psalm 63:2-9

Gospel John 20:1-2, 11-18

7/23/26

Reading I Jeremiah 2:1-3, 7-8, 12-13

Responsorial Psalm Psalm 36:6-11

Gospel Matthew 13:10-17

7/24/26

Reading I Jeremiah 3:14-17

Responsorial Psalm Jeremiah 31:10-13

Gospel Matthew 13:18-23

7/25/26

Reading I 2 Corinthians 4:7-15

Responsorial Psalm Psalm 126:1-6

Gospel Matthew 20:20-28



MARK YOUR CALENDAR

August 2 Second Collection

Capital Improvements

Potluck

Following Mass.

August Serving Crew

August 7 Memorial Service •

Clark Chambers

11:00 am, St. Philip's



Mass Intentions

MASS INTENTIONS

For healing for

Julianne Little

PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



HAPPY BIRTHDAY!

• July 20 •

BRUCE GALLAND

• July 21 •

JOSIE PROULX

• July 22 •

ELIZABETH FULLER

FINANCES

July 12, 2026

General Account

Children.....	\$5.00
Adults.....	\$1,160.00
Loose.....	\$183.00
Doughnuts.....	\$37.00
Donation for Fall Dinner	\$500.00
Peter's Pence.....	\$248.00
Mailed.....	\$40.00

Cemetery Fund

Donation.....	\$100.00
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SAFE ENVIRONMENTS

RETRAT

Please join us for our upcoming Safe Environment Retreat on Thursday, August 6, 2026.

To RSVP Safe Environment Retreat by August 1, 2026

Event Agenda & Highlights

Time: 9:30 am – 2:00 pm

Where: Pastoral Center

Mass and Adoration

Expert guest speaker focusing on Human Trafficking awareness

New Faith Formation and Circle of Grace training information

Lunch will be provided



JULY 19

Greeters.....Ann Illies

Altar Server.....Teagan Rucinski

Announcers & Readers.....Gloria Collyard

Joe Rucinski, Molly Vollbrecht

Ushers.....John Trammell

John Sorensen

Eucharistic Ministers.....Lorraine Galland

John Trammell, Kathy Carrlson

JULY 26

Greeters.....Lorraine Galland

Altar Server.....Parker Fuller

Announcers & Readers.....Vange Anderson

Megan Fuller, Ann Illies

Ushers.....Karl Oestreich

Zach Thoma

Eucharistic Ministers.....Karen Shafer

Stephanie Downey, Carol Bjelland

AUGUST 2

Greeters.....Ann Illies

Altar Server.....Joseph Smith

Announcers & Readers.....Lois Jenkins

John Carrlson, Jim Sparke

Ushers.....Theresa Wilander

Carol Bjelland

Eucharistic Ministers.....Evie Johnson

Mary Sorensen, Theresa Wilander

EUCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**



REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloepfner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Madonna Welter



WHAT'S IN YOUR HEART?

For Matthew, faith is never stagnant. If there's faith, there's growth: good seed planted in a field, a tiny mustard seed growing into a mighty bush, yeast making the dough rise and turning wheat into wholesome bread. If I'm alive in God, there should be plenty of signs of growth in my life.

- Where do I see signs of growth flowing from my faith?
- Where in my own spiritual life do I see signs of life? How has my relationship with God grown in the past years?
- How do I handle the "weeds" in my own life? Do I let their presence choke the growth of the good wheat?
- In my own life do I accept and proclaim that God gives good ground for hope and permits repentance for our sins?

SCATTERED SEEDS

Those of us who are gardeners or farmers know the faith it takes to watch seeds grow to maturity. We pick the best soil, provide water, fertilizer and shelter from the worst of the elements. Still, inexplicably some plants flourish while others fail. There is a measure of uncertainty no matter how skilled the hands are that plant the seed.

It is the same when we scatter the seeds of our faith in the world. We can't foretell who will be receptive and who will not. Often we will see no difference, no response that a seed has even been planted in their hearts, but we cannot lose faith. Today's parable reminds us that our responsibility is simply to continue to share, to see that the seeds are planted and leave the growth to God. He will know how to tend the hearts that have been sown, so that they reap a good harvest. Perhaps we will be there to see this rich reward, perhaps not. It is enough to know that we are trusted to continue the blessed planting that Jesus began, and which will continue until He comes again.

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Sunday, Jul 19, 2026

Tell me a story!

“Once upon a time . . .” is second only to “In the beginning . . .” as the greatest opening line. These memorable story starters signal to listeners that they are entering a world of magic and mystery, where things are turned upside down and then set right again. Human beings love stories. Long after we’ve forgotten the basics of grammar and arithmetic, we remember the stories we heard, read, and lived. That is why Jesus chose parables as his main teaching tool. His stories may not always be easy to understand, but they aren’t soon forgotten. Call to mind your favorite parable today and enter into its mystery and magic.

SIXTEENTH SUNDAY IN ORDINARY TIME

Wisdom 12:13, 16-19; Romans 8:26-27; Matthew 13:24-43

(106). *“I will open my mouth in parables.”*

Monday, Jul 20, 2026

No qualifications needed

The scribes and Pharisees were “credentialed” religious leaders, and they took offense with this upstart Jesus. Without degree or pedigree, he appeared out of nowhere (or so it seemed) and began teaching with authority. They wanted to “see his papers,” to be given some proof, and then they would believe him. The operative phrase here is “and then.” How many times in our own faith journey have we uttered that qualifier? Help me get well, “and then” I will believe; find me a job, “and then” I will have faith; answer my prayers, “and then” I will believe. Isn’t it time we dropped the qualifier, stopped demanding signs, and let the truth of Jesus’ message speak for itself in our hearts? As Blessed Benedetta Bianchi Porro says, “For those who believe, everything is a sign!”

Micah 6:1-4, 6-8; Matthew 12:38-42 (395). *“An evil and unfaithful generation seeks a sign.”*

Tuesday, Jul 21, 2026

Make love your starting point

A theological and biblical scholar, fluent in several languages, renowned preacher, diplomat, and minister general of the Capuchin order, Saint Lawrence of Brindisi (1559-1619) pretty much did it all. Yet he never forgot the purpose of his work. “God is love,” he wrote, “and all his operations proceed from love.” Saints like Lawrence show us the strength of faith and inspire us to stretch ours. They also demonstrate how all our activity needs the guidance of love.

MEMORIAL OF LAWRENCE OF BRINDISI, PRIEST,
DOCTOR OF THE CHURCH

Micah 7:14-15, 18-20; Matthew 12:46-50 (396). *“Whoever loves me will keep my word.”*

Wednesday, Jul 22, 2026

Maudlin no more

Mary Magdalene is often depicted weeping (the English word *maudlin*, meaning “excessively weepy and sentimental,” is derived from Magdalene). Although in 1969 the Vatican officially separated Mary Magdalene from the sinner in Luke’s gospel, centuries of sermons and Christian art depicting Mary as the sorrowful, penitent prostitute have embedded that image into the Christian psyche. But this doesn’t do justice to the woman early

Christians called the “apostle to the apostles.” Mary Magdalene was the first to see and recognize the risen Lord and announce his Resurrection to the apostles. Let her joyful witness inspire you to see Christ more clearly in your own life.

FEAST OF MARY MAGDALENE

Song of Songs 3:1-4b or 2 Corinthians 5:14-17; John 20:1-2, 11-18 (603). *“Mary Magdalene went and announced to the disciples, ‘I have seen the Lord.’”*

Thursday, Jul 23, 2026

You don’t have to look far

Sometimes God seems hard to spot. We may feel we get a glimpse at times, but frequently God can seem to be somewhere else. The presence of God, though, is actually all around us. God’s Spirit dwells in each person. Everyone is made in the image and likeness of God—as if we all carry a picture of God around with us in our pockets, to remind us of who we are. We can see God in creation. The Catechism of the Catholic Church says that scientific discoveries “invite us to even greater admiration for the greatness of the Creator, prompting us to give him thanks for all his works . . .” Most of all we see God when we love. “God is love,” the First Letter of John says. Look for God’s presence today. It’s really not all that hard to find.

Jeremiah 2:1-3, 7-8, 12-13; Matthew 13:10-17 (398). *“Blessed are your eyes, because they see, and your ears, because they hear.”*

Friday, Jul 24, 2026

Let God’s word take root

Jesus said that the person who hears the word of God is like a seed: Where it falls makes a difference. In good soil it brings forth life. God knows that people do not always understand his Word, which became flesh as the embodiment of love. But if you seek to understand it, to live by it, to embody it, you will come to know God and you will bear much fruit, like a seed planted in rich soil. Be guided by these words of Saint John of the Cross: “To love is to be transformed into what we love. To love God is therefore to be transformed into God.”

Jeremiah 3:14-17; Matthew 13:18-23 (399). *“The seed sown on rich soil is the one who hears the word and understands it.”*

Saturday, Jul 25, 2026

You send me

What makes the apostle James different from the many others named James in the New Testament? The word *apostle* comes from the Greek *apostolos*, “someone sent out.” The more general meaning of the word is translated into Latin as *missio*, from which we get *missionary*. But it is also used in a more specific sense to refer to the first 12 disciples whom Jesus chose, named, and “sent out” to the world. While we honor James in name today as one of those 12, we can honor him and the other apostles much more by carrying on their work in the world. Ready for your send-off?

FEAST OF JAMES, APOSTLE

1 Corinthians 4:7-15; Matthew 20:20-28 (605). *“Whoever wishes to be great among you shall be your servant.”*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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