



Sacred Heart Catholic Community of Wilton

August 16, 2026 • Twentieth Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman.....(218) 444-3287

BULLETIN INFORMATION

Ruth Walters(218) 308-1265
walters56601@gmail.com
Please call or email bulletin info by 7:00 pm on Thursdays.
If you wish to receive the bulletins via email, please contact
Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen(218) 556-8023
Richard Anderson.....(218) 467-3275

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen(218) 556-8023
If you would like to use the church or social hall
for an event, (wedding, reunion, etc) please contact
Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes.....(218) 289-2351

LITURGY

Ann Illies.....(218) 751-9254
Lois Jenkins(218) 444-8140
Carol Bjelland.....(218) 760-1046

MAINTENANCE ADVISOR

Christopher Agnes.....(218) 401-4116

MUSIC MINISTERS

Deb Smith.....(218) 387-5322
Mardelle Mohs(715) 699-1384

PASTORAL COUNCIL

Symon Schindler-Syme
Mary Sorenson.....(218) 368-7895
Jennifer Trammell.....(218) 556-5945
Ruth Walters(218) 308-1265
Regular meetings are the third Sunday of Jan., Mar.,
May, Jul., Sep., and Nov. starting at 7:00 pm in the
church social hall.

PARISH OUTREACH

Deb Heineman.....(218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

Please contact Father John to schedule.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSV
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

8/16/26

Reading I Isaiah 56:1, 6-7

Resp. Psalm Psalm 67:2-3, 5-6, 8

Reading II Romans 11:13-15, 29-32

Gospel Matthew 15:21-28

8/17/26

Reading I Ezekiel 24:15-23

Resp. Psalm Deuteronomy 32:18-21

Gospel Matthew 19:16-22

8/18/26

Reading I Ezekiel 28:1-10

Resp. Psalm

Deuteronomy 32:26-27-28, 30, 35cd-36ab

Gospel Matthew 19:23-30

8/19/26

Reading I Ezekiel 34:1-11

Resp. Psalm Psalm 23:1-6

Gospel Matthew 20:1-16

8/20/26

Reading I Ezekiel 36:23-28

Resp. Psalm Psalm 51:12-15, 18-19

Gospel Matthew 22:1-14

8/21/26

Reading I Ezekiel 37:1-14

Resp. Psalm Psalm 107:2-9

Gospel Matthew 22:34-40

8/22/26

Reading I Ezekiel 43:1-7ab

Resp. Psalm Psalm 85:9ab-14

Gospel Matthew 23:1-12



MARK YOUR CALENDAR

August 30 Baby Shower for Myla Vavrina & Sebastian Schindler
10:30 am

September 6 Second Collection
Capital Improvements

Potluck
Following Mass.

September Serving Crew
Millie Lundberg, Karen Shafer, Jean Chambers

September 19 Fall Dinner Prep

September 20 88th Annual Fall Dinner
11 am-2 pm

October 4 Children's Liturgy of the Word



Mass Intentions

MASS INTENTIONS

For healing for

Rick Ludtke

PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



HAPPY BIRTHDAY!

• August 16 •

KATHY CARLSON

• August 18 •

TOM LUNDBERG



HAPPY ANNIVERSARY!

• August 18 •

NOAH & MEGAN FULLER

• August 12 •

JOHN & MARY SORENSEN

ANNUAL FALL DINNER

The 88th Annual Chicken & Ham Dinner will be on Sunday, Sept. 20, 2026.

*Volunteer sign-up sheets are in the social hall. We will need volunteers on Sat. Sept. 19 for food prep.

*Please save your ice cream buckets and lids for our food scraps.

Our dinner is just 5 weeks away.

LITURGY OF THE WORD WITH CHILDREN

Liturgy of the Word with Children will begin October 4th. If you would like to volunteer or have any questions, please contact Kirsten Trammell.



AUGUST 16

Greeters.....Ann Illies
Altar Server.....Brenalen Fredriksen-Holm
Announcers & Readers.....Kathy Dreher
Vange Anderson, Alyssa Schindelar
Ushers.....Karl Oestreich
Zach Thoma
Eucharistic Ministers.....Carol Bjelland
Stephanie Downey, Karen Shafer

AUGUST 23

Greeters.....Lorraine Galland
Altar Server.....Teagan Rucinski
Announcers & Readers.....Molly Vollbrecht
Lois Jenkins, Jim Sparke
Ushers.....Theresa Wilander
Carol Bjelland
Eucharistic Ministers.....Theresa Wilander
Mary Sorensen, Ruth Walters

AUGUST 30

Greeters.....Ann Illies
Altar Server.....Parker Fuller
Announcers & Readers.....Deb Heineman
Joe Rucinski, Josie Proulx
Ushers.....John Trammell
John Sorensen
Eucharistic Ministers.....Lorraine Galland
John Trammell, Kathy Carrlson

EUCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

ATTENTION - FOOD SHELF VOLUNTEERS

All Sacred Heart Food Shelf Volunteers are invited to attend an Ice Cream Social at the Bemidji Food Shelf on Sunday August 16, 2026 from 1 to 3 o'clock. The Food Shelf is a non-profit organization reliant on community and parish volunteers to operate effectively. We have an awesome group of faithful hard working volunteers from Sacred Heart that are representing our parish well. Thanks to Polly, Mardelle, Evie, Carol, Greg & Gretchen, Doris & Andy, Richard & Vangie, Irma, Theresa, Lisa, Gloria and Jim & Darlene. Recent summer helpers were Meghan & Elizabeth. God Bless you all,
Coordinator, Josie

REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Lisa Hand
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloepfner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Rick Ludtke
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Madonna Welter

CURSILLOS

Would you like to deepen your faith and let Jesus become more involved in your life? Let the Spirit lead you on a Cursillo. The Diocese of Crookston is offering a Women's Cursillo on the weekend of September 24-27 and the Men's Cursillo on the weekend of October 22-25 and the at the Nazareth Retreat House in Crookston. Applications are available at <https://crookstonscursillo.weebly.com/>.

A Double Baby Shower



Myla Vavrina

Daughter of
Heidi & Cody

For
Our
Youngest
Members



Sebastian Schindeler

Son of
Symon & Alyssa

Sunday, August 30 at 10:30

WE WELCOME INTO OUR FAITH COMMUNITY BABY MYLA AND BABY SEBASTIAN

Here is the link to the baby registry for Myla: <https://my.babylist.com/heidi-krueger>

Baby Sebastian is registered at: <https://www.target.com/gift-registry/gift/SSMinnow>



REAL PRESENCE RADIO

Take Real Presence Radio with you wherever you go with the RPR mobile app! Listen live, pray with us, access podcasts, and stay connected to uplifting Catholic programming anytime, anywhere. Plus, exciting new app updates are coming soon for an even better listening experience! Scan the QR code or find us by searching Real Presence Radio on Google or Apple app store.

**NORTHLAND
CATHOLIC**

Stay connected to Bishop Cozzens and the Diocese of Crookston through the Northland Catholic weekly e-newsletter!

 **Diocese of
CROOKSTON**

TEXT **DIROCROOKSTON** TO
84576 TO SIGN UP TODAY!

Visit our URL below to
sign up online!

diocrookston.flocknote.com

**ALPHA**

Come for dinner.
Stay for the conversation.

 **FREE DINNER**

 **SHORT VIDEO**

 **HONEST CONVERSATION**

Explore life's biggest questions in a welcoming, no-pressure environment.

 **MONDAYS**
SEPT. 14 - NOV. 16
6:00 - 8:00 PM

 **ST. PHILIP'S
CATHOLIC CHURCH**
Social Hall

 **FREE**
Adults 18+



REGISTER TODAY!

 Questions, Faith, Meaning. You're not alone.
WE'D LOVE TO SEE YOU THERE!

"Observe what is right, do what is just; for my salvation is about to come, my justice, about to be revealed." Isaiah 56: 1

A steward is keenly aware of the need for justice. It is the Lord's justice practiced by a steward that delivers the poor.

Sunday, Aug 16, 2026

Keep expanding the circle

From its beginning, Christianity has grown and thrived by reaching out to wider and wider circles beyond its core. In scripture today the foreigner comes to the temple, the sinner is shown mercy, and the Canaanite woman reaches out to Jesus, who responds. Pope Francis encouraged us to live our faith in this same open spirit: "May the church be the place of God's mercy and love, where everyone can feel themselves welcomed, loved, forgiven, and encouraged to live according to the good life of the Gospel." Know your faith, be proud of it, and make it one that is welcoming and hospitable.

TWENTIETH SUNDAY IN ORDINARY TIME

Isaiah 56:1, 6-7; Romans 11:13-15, 29-32; Matthew 15:21-28 (118). *"My house shall be called a house of prayer for all peoples."*

Monday, Aug 17, 2026

The truth about eternal life

A wealthy young man came to Jesus and asked what he needed to do to gain eternal life. Christ told him to keep the Commandments. The young man replied that he had done so. Jesus then said to him, "If you wish to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven. Then come, follow me." But instead the man "went away sad for he had many possessions." For this acquisitive young man, eternal life was yet another thing to acquire. In Jesus' simple response, however, eternal life is revealed as a way of being that begins with dying to oneself and putting others first. Let us "emulate the things worthy of emulation," says Saint John Chrysostom, "those who are poor for Christ's sake." That is the key for how we can participate in life everlasting.

Ezekiel 24:15-23; Matthew 19:16-22 (419). *"Thus you shall know that I am the LORD. You shall do as I have done."*

Tuesday, Aug 18, 2026

Get rich by giving

Most of us wouldn't think of ourselves as wealthy. But by world standards, you may consider yourself rich if you own a house, car, phone, or computer; eat out occasionally; have surplus food that you end up throwing away; spend money to exercise or lose weight; drink clean water; have access to medical care; or enjoy indoor plumbing. Now the question is: What should you do with all your wealth? Don't fall in love with it, Jesus warns. Be modest and wise in what you spend on yourself, and, above all, be generous. The more you give away, the richer you'll feel. As Saint Leo the Great says, "A generous spirit is itself great wealth."

Ezekiel 28:1-10; Matthew 19:23-30 (420). *"Amen, I say to you, it will be hard for one who is rich to enter the Kingdom of heaven."*

Wednesday, Aug 19, 2026

Just fruits

Two thousand years after Jesus' parable about day laborers, many laborers still face each day uncertain as to whether they will find work. When Cesar Chavez and others began organizing the migrant farm workers of California in the 1960s and 1970s, they met great resistance from growers who had greatly profited from the low wages paid to their workers. Conditions have improved since the United Farm Workers union was organized, but much remains to be done. Try to buy your fruits and vegetables from

suppliers who honor and respect the rights of workers for a just wage and safe working conditions.

Ezekiel 34:1-11; Matthew 20:1-16 (421). *"Are you envious because I am generous?"*

Thursday, Aug 20, 2026

Rest in God

Bernard of Clairvaux, a French abbot of the 12th century, had a tremendous influence on the course of Catholicism at a time of great strife and intrigue in the church. He reformed monastic life, brought Mary to the forefront of popular piety, and mediated between princes and popes. He was also instrumental in the founding of the Knights Templar, who became models of the medieval ideal of a Christian knight and were heavily involved in the Crusades. Through all the tumult of his times, Bernard managed to maintain his contemplative spirit. Our own era seems equally tumultuous. What can you do to cultivate a contemplative spirit in the midst of all the chaos? Bernard offers this advice: "Rest is in Him alone. Man knows no peace in the world; but he has no disturbance when he is with God."

MEMORIAL OF BERNARD, ABBOT, DOCTOR OF THE CHURCH

Ezekiel 36:23-28; Matthew 22:1-14 (422). *"The feast is ready, but those who were invited were not worthy to come."*

Friday, Aug 21, 2026

Beyond politics

Pius X (1836-1914) was considered a saint during his lifetime, just like John Paul II was by many during his lifetime. Both were controversial because their teachings were highly political. Pius X was criticized for trying to intervene in pre-World War I European politics, while John Paul II was instrumental in the post-Soviet political reforms of Eastern Europe. Often church teaching will resonate with one or the other side of any political debate. But truth always comes from the same place. Ponder this truth articulated by Pius: "Without any doubt there is a desire in all hearts for peace. But how foolish is he who seeks this peace apart from God; for if God be driven out, justice is banished, and once justice fails, all hope of peace is lost."

MEMORIAL OF PIUS X, POPE

Ezekiel 37:1-14; Matthew 22:34-40 (423). *"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind."*

Saturday, Aug 22, 2026

Humbly we adore thee

Trying to be humble getting you down? Consider the natural relationship between humility and praise. Humility isn't about putting ourselves down: It's about giving praise where praise is due—that is, to God. If we exalt God in praise and thanksgiving, we are exhibiting the perfect posture of humility, knowing who we are and who God is. Mary of Nazareth did the same thing when God invited her to become the mother of the divine son. Her response was to "magnify the Lord," not to say, "O, Lord, I am not worthy." The humble heart is regularly full of praise.

MEMORIAL OF THE QUEENSHIP OF THE BLESSED VIRGIN MARY

Ezekiel 43:1-7ab; Matthew 23:1-12 (424). *"Whoever exalts himself will be humbled; but whoever humbles himself will be exalted."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



© 2026 TrueQuest Communications. All rights reserved. Noncommercial reprints permitted with the following credit: Reprinted with permission from TakeFiveForFaith.com. Scripture citations from the New American Bible Revised Edition. Sign up for free daily email available at TakeFiveForFaith.com/subscribe.