



Sacred Heart Catholic Community of Wilton

August 30, 2026 • Twenty-Second Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman..... (218) 444-3287

BULLETIN INFORMATION

Ruth Walters (218) 308-1265
walters56601@gmail.com

Please call or email bulletin info by 7:00 pm on Thursdays.
If you wish to receive the bulletins via email, please contact
Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen (218) 556-8023
Richard Anderson..... (218) 467-3275

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen (218) 556-8023
If you would like to use the church or social hall
for an event, (wedding, reunion, etc) please contact
Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes..... (218) 289-2351

LITURGY

Ann Illies..... (218) 751-9254
Lois Jenkins (218) 444-8140
Carol Bjelland..... (218) 760-1046

MAINTENANCE ADVISOR

Christopher Agnes..... (218) 401-4116

MUSIC MINISTERS

Deb Smith..... (218) 387-5322
Mardelle Mohs (715) 699-1384

PASTORAL COUNCIL

Joe Rucinski
Symon Schindler-Syme
Mary Sorenson..... (218) 368-7895
Jennifer Trammell..... (218) 556-5945
Ruth Walters (218) 308-1265
Theresa Wilander
Regular meetings are the third Sunday of Jan., Mar.,
May, Jul., Sep., and Nov. starting at 7:00 pm in the
church social hall.

PARISH OUTREACH

Deb Heineman..... (218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

8:30 am prior to Mass.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSW
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

8/30/26

Reading I Jeremiah 20:7-9
Resp. Psalm Psalm 63:2, 3-6, 8-9
Reading II Romans 12:1-2
Gospel Matthew 16:21-27

8/31/26

Reading I I Corinthians 2:1-5
Resp. Psalm Psalm 119:97-102
Gospel Luke 4:16-30

9/1/26

Reading I I Corinthians 2:10b-16
Resp. Psalm Psalm 145:8-14
Gospel Luke 4:31-37

9/2/26

Reading I I Corinthians 3:1-9
Resp. Psalm Psalm 33:12-15, 20-21
Gospel Luke 4:38-44

9/3/26

Reading I I Corinthians 3:18-23
Resp. Psalm Psalm 24:1-6
Gospel Luke 5:1-11

9/4/26

Reading I I Corinthians 4:1-5
Resp. Psalm Psalm 37:3-6, 27-28, 39-40
Gospel Luke 5:33-39

9/5/26

Reading I I Corinthians 4:6b-15
Resp. Psalm Psalm 145:17-18, 19-21
Gospel Luke 6:1-5



MARK YOUR CALENDAR

August 30 Baby Shower for Myla Vavrina & Sebastian Schindler
10:30 am

September 6 Second Collection
Capital Improvements

Potluck
Following Mass.

September Serving Crew
Millie Lundberg, Karen Shafer, Jean Chambers

September 19 Fall Dinner Prep

September 20 88th Annual Fall Dinner
11 am-2 pm

October 4 Children's Liturgy of the Word



Mass Intentions

MASS INTENTIONS

For healing for
Kate Mayo

PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



HAPPY ANNIVERSARY!

• September 4 •

SIDNEY & CAROL BJELLAND

ANNUAL FALL DINNER

The 8th Annual Chicken & Ham Dinner will be on Sunday, Sept. 20, 2026.

Our dinner is just 3 weeks away.

Flyers for the Fall Dinner are ready and need to be distributed around town. Please take a packet and sign your name to the corresponding number on the master list. Or take just one and put it in your place of business. Thanks!

*Volunteer sign-up sheets are in the social hall.

*If you have hydrangeas, please bring them in no later than Sept 13.

*If you are on social media, please advertise our dinner.

Please save your ice cream buckets and lids for our food scraps.

Food Safety Reminders for our Fall Dinner:

* Sat. Sept 19 is Food Prep-day at 9:00 a.m.

*Yes—Wear a hat if you are handling food

No—don't wear jewelry when working with food

*Wash hands often. Yes—wear gloves when handling food.

*Wear your White Sacred Heart T-shirt (or any White T-shirt) or the Green Sacred Heart T-shirts.

*We would like the waiter and waitress to wear a white top and black pants.

We will feature the bazaar (put on your creative thinking caps) and Bake Sale. Last year, pies and lefsa were great sellers. Donations of clean produce are most welcome too.



AUGUST 30

Greeters.....Ann Illies
Altar Server.....Parker Fuller
Announcers & Readers.....Deb Heineman
Joe Rucinski, Josie Proulx
Ushers.....John Trammell
John Sorensen
Eucharistic Ministers.....Lorraine Galland
John Trammell, Kathy Carrlson

SEPTEMBER 6

Greeters.....Lorraine Galland
Altar Server.....Teagan Rucinski
Announcers & Readers.....Ann Illies
Molly Vollbrecht, John Carrlson
Ushers.....Karl Oestreich
Zach Thoma
Eucharistic Ministers.....Theresa Wilander
Stephanie Downey, Karen Shafer

SEPTEMBER 13

Greeters.....Ann Illies
Altar Server.....Parker Fuller
Announcers & Readers.....Alyssa Schindler
Lois Jenkins, Joe Rucinski
Ushers.....Theresa Wilander
Carol Bjelland
Eucharistic Ministers.....Theresa Wilander
Mary Sorensen, Carol Bjelland

EUCCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

PE/INTERVENTIONIST TEACHER

St Mary's Mission School in Red Lake is hiring a PE/Interventionist teacher for the 2026-2027 school year. The position can be full or part time. We offer competitive wages and full benefits. For more information about the position, please contact Alyssa Schindler at principal@stmarysmis-sion.org

LITURGY OF THE WORD WITH CHILDREN

Liturgy of the Word with Children will begin October 4th. If you would like to volunteer or have any questions, please contact Kirsten Trammell.

REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Lisa Hand
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloeppner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Rick Ludtke
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhyy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Madonna Welter

CURSILLOS

Starting to make plans for fall? Consider signing up for Cursillo. The women's Cursillo is September 24-27 and the men's Cursillo is October 22-25. Both will be held at the Crookston Pastoral Center. This three-day retreat is an encounter with oneself, with Christ, and with others. It also focuses on living Christianity in all environments. Applications can be found on the Crookston Cursillo website.

A Double Baby Shower



Myla Vavrina
Daughter of
Heidi & Cody

For
Our
Youngest
Members



Sebastian Schindeler
Son of
Symon & Alyssa

Sunday, August 30 at 10:30

Women at the Well
Thursday, September 24, 2026
St. Philip's Catholic Church Social Hall
Bemidji, MN



6:00 pm
Social Time
Registration
7:00 pm
Speaker:
Marilyn Murphy
8:00 pm
Adoration, Confessions
& Prayer Partners

A Ministry for Women ages 16 and over.

Forgiveness

Women and boys have been promised through Jesus' sacrifice forgiveness for their sins, including the sin of their own sin. Through all their sinfulness, women are let go of God's hand. Women will share how they are living with their sins and how they have found forgiveness through the grace of God and the power of healing and forgiveness. Through their sins, women have always been promised and are still. They can finally discover that there have been sinners heard. Marilyn will share how she personally found God in her life through the power of suffering, and how that trust became a catalyst for God's love. Come to suffering love and women to personal transformation to receive forgiveness and be free.

It was just as well he should



CATHOLIC MEN

If you are a catholic man over 18 years of age and are looking to strengthening your faith the Knights of Columbus are here to support you. The Knights of Columbus are based on three (3) principles, Charity, Unity and Fraternity, which are the first three degrees for a Knight. An Exemplification to become a Knight will be held on Saturday September 19, 2026 at St. Philips Church in Bemidji, MN. Registration for the first three (3) Degrees will be from 8:30 to 9:00 with the Degree Exemplification beginning at 9:00 am. Contact your Grand Knight, Financial Secretary or any member of your council to find out more about the Knights and complete the Membership Application form.

For Third Degree Knights in Good standing there will be a Patriotic (4th) Degree Exemplification on Saturday September 19, 2026 At St. Philips Church in Bemidji MN. 4th Degree Knights, Sir Knights, provide Honor Guards for Eucharistic Celebrations and support for our Priest in many ways. Registration for the 4th Degree will be from 9:00 to 9:45 am and the Exemplification will be from 10:00 to 11:45 am. Lunch will be served at noon. If interested in becoming a Sir Knight you can contact a 4th degree Knight in your parish, Dale Johnson, at 320-221-3742 or dalea.johnson@icloud.com or Dan Shea at 218-760-6616 or daniel Shea@paulbunyan.net. Candidates will be able to do all four (4) degrees that morning.



Sunday, Aug 30, 2026

Grace found in suffering

Not long after Peter's moment of glory came his first hour of defeat. This pattern is familiar to all of us who know how quickly our circumstances can change. Peter beamed when Jesus praised him for his inspired declaration, "You are the Son of the living God!" But soon he made the mistake of refusing Jesus' prediction of the suffering that was to overtake him in Jerusalem. "God forbid!" Peter shouted. Poor Peter. He couldn't bear the thought of his friend being harmed, and he didn't have the imagination to perceive how suffering might be turned into grace by the will of God. Surrender any present suffering to God's transforming touch.

TWENTY-SECOND SUNDAY IN ORDINARY TIME
Jeremiah 20:7-9; Romans 12:1-2; Matthew 16:21-27 (124).

"Get behind me, Satan! You are an obstacle to me."

Monday, Aug 31, 2026

A challenge worth accepting

One of the distinctive features of biblical prophets is that they do not possess any special power. It is not they who choose to speak for God; rather, God chooses to speak through them.

Furthermore, those God chooses would often prefer to run the other way! That's because they know, then as now, that God's prophetic message is not often received with enthusiasm, especially when it challenges our most cherished assumptions. As 20th-century peace activist Philip Berrigan observed: "The poor tell us who we are. The prophets tell us who we can be. So we hide the poor and kill the prophets." Are you open to a prophetic challenge in your own life? Listen for it!

1 Corinthians 2:1-5; Luke 4:16-30 (431). *"Amen, I say to you, no prophet is accepted in his own native place."*

Tuesday, Sep 01, 2026

When you know, you know

The so-called demons of the gospels seem to have an edge. They claim to know who Jesus is while the disciples do not. It is true: The disciples, like the rest of us, struggle to understand who Jesus is and what his radical message of love means for us. Saint Augustine helps answer our questions: "What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see the misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like." Now it is up to us to be Christ for others.

1 Corinthians 2:10b-16; Luke 4:31-37 (432). *"I know who you are—the Holy One of God!"*

Wednesday, Sep 02, 2026

Love beyond boundaries

As Christians, we believe in God, who created us out of love for love. Unfortunately, we don't always love wisely or well. The good news is God forgives us for our shortcomings and offers us a chance to reconcile ourselves by following Christ, which is the path of self-giving love. Jesus felt compelled to proclaim this Good News to any who would listen. We are required to do nothing less. Our compassion and generosity mustn't stop at our front

doors, or at the parish boundaries, or at our national borders. The Good News—the incredible, saving news of Jesus Christ—belongs wherever and with whomever we find ourselves. Prepare yourself: You've got a lot of loving to do.

1 Corinthians 3:1-9; Luke 4:38-44 (433). *"To the other towns also I must proclaim the good news of the Kingdom of God."*

Thursday, Sep 03, 2026

Go fish

There are commercial fishermen who make a tough living on the treacherous waters of the sea and sports fishermen hoping to land a trophy to mount. Some fish with nets, others with baited lines or with lures and flies. There is no one way or reason to fish. This holds true for each of us commanded by Jesus to catch and bring people to the Lord. "To be 'fishers of men,'" says Carmelite Bishop Silvio José Báez, "is to be builders of men, that is, people who approach others, seeking their good, serving them, helping them to move forward, supporting them in their difficulties, and above all, imparting hope and the joy of believing." Who can we "hook" today with a little kindness, a helping hand, a word of encouragement, an act of compassion, a forgiving heart?

1 Corinthians 3:18-23; Luke 5:1-11 (434). *"Do not be afraid; from now on you will be catching men."*

Friday, Sep 04, 2026

Out with the old

Hearing Christ's message for the first time can be troubling because it is so new. We want what is comfortable and familiar. Saint Thomas Aquinas understood the challenges that come with discipleship. He prayed: "O Lord my God, make me submissive without protest, poor without discouragement, chaste without regret, patient without complaint, humble without posturing, cheerful without frivolity, mature without gloom, and quick witted without flippancy." Compose your own prayer filled with the old ways of living that you hope to replace with the new ways of life in Christ.

1 Corinthians 4:1-5; Luke 5:33-39 (435). *"New wine must be poured into fresh wineskins."*

Saturday, Sep 05, 2026

Peace is with us

"The moral right to conscientious objection is recognized in the 1994 Catechism of the Catholic Church (sect. 2311), but it is in no sense mandatory," noted St. Thomas University Professor Scott Wright in an issue of *St. Thomas Magazine*. "Still, as a form of Christian witness, pacifism—the opposition to all war—has also had a long and distinguished tradition." This tradition is rooted in Jesus' Beatitudes and the gift of peace he leaves with his disciples; it is further sustained by Saint Paul's admonishment to the church in Corinth to be fools for Christ—and bless when reviled, endure when persecuted, and speak kindly when slandered. Peace be with you today and every day following.

1 Corinthians 4:6b-15; Luke 6:1-5 (436). *"When ridiculed, we bless; when persecuted, we endure; when slandered, we respond gently."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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