



Sacred Heart Catholic Community of Wilton

September 6, 2026 • Twenty-Third Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman..... (218) 444-3287

BULLETIN INFORMATION

Ruth Walters (218) 308-1265
walters56601@gmail.com

Please call or email bulletin info by 7:00 pm on Thursdays.
If you wish to receive the bulletins via email, please contact
Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen (218) 556-8023
Richard Anderson..... (218) 467-3275

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen (218) 556-8023
If you would like to use the church or social hall
for an event, (wedding, reunion, etc) please contact
Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes..... (218) 289-2351

LITURGY

Ann Illies..... (218) 751-9254
Lois Jenkins (218) 444-8140
Carol Bjelland..... (218) 760-1046

MAINTENANCE ADVISOR

Christopher Agnes..... (218) 401-4116

MUSIC MINISTERS

Deb Smith..... (218) 387-5322
Mardelle Mohs (715) 699-1384

PASTORAL COUNCIL

Joe Rucinski
Symon Schindler-Syme
Mary Sorenson..... (218) 368-7895
Jennifer Trammell..... (218) 556-5945
Ruth Walters (218) 308-1265
Theresa Wilander
Regular meetings are the third Sunday of Jan., Mar.,
May, Jul., Sep., and Nov. starting at 7:00 pm in the
church social hall.

PARISH OUTREACH

Deb Heineman..... (218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

8:30 am prior to Mass.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSW
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

9/6/26

Reading I Ezekiel 33:7-9

Resp. Psalm Psalm 95:1-2, 6-9

Reading II Romans 13:8-10

Gospel Matthew 18:15-20

9/7/26

Reading I I Corinthians 5:1-8

Resp. Psalm Psalm 5:5-7, 12

Gospel Luke 6:6-11

9/8/26

Reading I Micah 5:1-4a

Resp. Psalm Psalm 13:6ab, 6c

Gospel Matthew 11:1-16, 18-23

9/9/26

Reading I I Corinthians 7:25-31

Resp. Psalm Psalm 45:11-12, 14-17

Gospel Luke 6:20-26

9/10/26

Reading I I Corinthians 8:1b-7, 11-13

Resp. Psalm Psalm 139:1b-3, 13-14ab, 23-24

Gospel Luke 6:27-38

9/11/26

Reading I I Corinthians 9:16-19, 22b-27

Resp. Psalm Psalm 84:3-6, 12

Gospel Luke 6:39-42

9/12/26

Reading I I Corinthians 10:14-22

Resp. Psalm Psalm 116:12-13, 17-18

Gospel Luke 6:43-49



MARK YOUR CALENDAR

September 6 Second Collection

Capital Improvements

Potluck

Following Mass.

September Serving Crew:

Millie Lundberg, Karen Shafer, Jean Chambers

September 13 Second Collection

Church in Latin America

September 19 Fall Dinner Prep

September 20 88th Annual Fall Dinner

11 am-2 pm

October 4 Children's Liturgy of the Word



Mass Intentions

MASS INTENTIONS For the People

PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



HAPPY BIRTHDAY!

• September 8 •

BRENALEN FREDRIKSEN-HOLM

• September 9 •

KAILEY RUCINSKI



HAPPY ANNIVERSARY!

• September 10 •

KARL & COLLEEN OESTREICH

ANNUAL FALL DINNER

The Sign-up Board still has a few slots that need help. Please save your ice cream buckets and lids for our food scraps.

*If you have hydrangeas, please bring them in no later than today, Sept 13.

*If you are on social media, please advertise our dinner.

Food Safely Reminders for our Fall Dinner:

* Sat. Sept 19 is Food Prep-day at 9:00 a.m

*Yes—Wear a hat.

No—don't wear jewelry when working with food on both Saturday and Sunday.

*Wash hands often. Yes—wear gloves when handling food.

*Wear your White Sacred Heart T-shirt (or any White T-shirt) or the Green Sacred Heart T-shirts.

*We would like the waiter and waitress to wear a white top and black pants.

We will feature the bazaar, bake sale and donations of clean produce. Please pre-price your items.

*Thank-you to the volunteers that took a packet of Fall Dinner Posters for distribution in the community. Extra flyers can be made available if you would like to put in your place of business.

During a long ago sermon from Father Jerry, I once heard him say, "The gates to Heaven are narrow, but the doors to becoming a valued volunteer are wide open" (or something like that).



SEPTEMBER 6

Greeters.....Lorraine Galland

Altar Server.....Teagan Rucinski

Announcers & Readers.....Ann Illies

Molly Vollbrecht, John Carrlson

Ushers.....Karl Oestreich

Zach Thoma

Eucharistic Ministers.....Theresa Wilander

Stephanie Downey, Karen Shafer

SEPTEMBER 13

Greeters.....Ann Illies

Altar Server.....Parker Fuller

Announcers & Readers.....Alyssa Schindler

Lois Jenkins, Joe Rucinsk

Ushers.....Theresa Wilander

Carol Bjelland

Eucharistic Ministers.....Theresa Wilander

Mary Sorensen, Carol Bjelland

SEPTEMBER 20

Greeters.....Lorraine Galland

Altar Server.....John Carrlson

Announcers & Readers.....Deb Heineman

Josie Proulx, Molly Vollbrecht

Ushers.....John Trammell

John Sorensen

Eucharistic Ministers.....Lorraine Galland

John Trammell, Kathy Carrlson

EUCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

PE/INTERVENTIONIST TEACHER

St Mary's Mission School in Red Lake is hiring a PE/Interventionist teacher for the 2026-2027 school year. The position can be full or part time. We offer competitive wages and full benefits. For more information about the position, please contact Alyssa Schindler at principal@stmarysmis-sion.org

LITURGY OF THE WORD WITH CHILDREN

Liturgy of the Word with Children will begin October 4th. If you would like to volunteer or have any questions, please contact Kirsten Trammell.

REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Lisa Hand
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloeppner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Rick Ludtke
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Madonna Welter

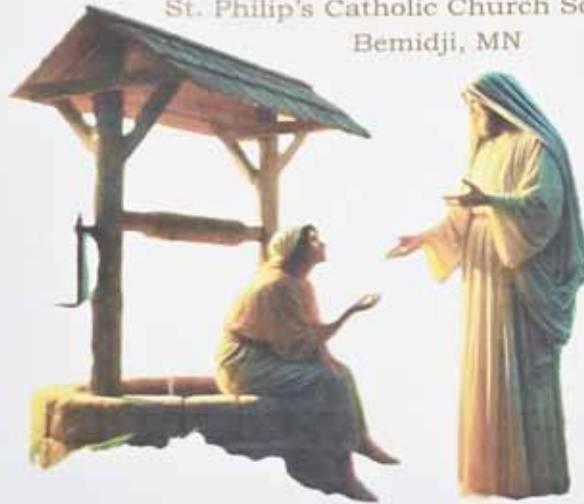
CURSILLOS

Starting to make plans for fall? Consider signing up for Cursillo. The women's Cursillo is September 24-27 and the men's Cursillo is October 22-25. Both will be held at the Crookston Pastoral Center. This three-day retreat is an encounter with oneself, with Christ, and with others. It also focuses on living Christianity in all environments. Applications can be found on the Crookston Cursillo website.

Women at the Well

Thursday, September 24, 2026

St. Philip's Catholic Church Social Hall
Bemidji, MN



6:15 pm
Social Time
(Refreshments)

7:00 pm
Speaker
Marsha Murphy

8:00 pm
Adoration, Confessions
& Prayer Partners

A Ministry for Women ages 16 and over.

Forgiveness

Marsha and her husband have journeyed through many hardships unimaginable for most, including the murder of their son, Jason. Through all tragic moments, Marsha never let go of God's hand. Marsha will share her testimony along with many tools that have helped them all through the process of pain and to a place of healing and forgiveness. Throughout her trials Marsha has always been prayerful and joy filled. That certainly doesn't mean there have not been tears! Marsha will share how she continuously trusted God to lead her through times of suffering, and how that trust became a conduit for God's Grace. Grace in suffering has led Marsha to personal transformation to openly forgive and be joy-filled.

Come join us and be inspired!



CATHOLIC MEN

If you are a catholic man over 18 years of age and are looking to strengthening your faith the Knights of Columbus are here to support you. The Knights of Columbus are based on three (3) principles, Charity, Unity and Fraternity, which are the first three degrees for a Knight. An Exemplification to become a Knight will be held on Saturday September 19, 2026 at St. Philips Church in Bemidji, MN. Registration for the first three (3) Degrees will be from 8:30 to 9:00 with the Degree Exemplification beginning at 9:00 am. Contact your Grand Knight, Financial Secretary or any member of your council to find out more about the Knights and complete the Membership Application form.

For Third Degree Knights in Good standing there will be a Patriotic (4th) Degree Exemplification on Saturday September 19, 2026 At St. Philips Church in Bemidji MN. 4th Degree Knights, Sir Knights, provide Honor Guards for Eucharistic Celebrations and support for our Priest in many ways. Registration for the 4th Degree will be from 9:00 to 9:45 am and the Exemplification will be from 10:00 to 11:45 am. Lunch will be served at noon. If interested in becoming a Sir Knight you can contact a 4th degree Knight in your parish, Dale Johnson, at 320-221-3742 or dalea.johnson@icloud.com or Dan Shea at 218-760-6616 or danielshea@paulbunyan.net. Candidates will be able to do all four (4) degrees that morning.

Sunday, Sep 06, 2026

It's OK not to talk about it

For many people it helps to talk about how they feel when something traumatic happens to them or they have suffered a loss. But not everyone. A university study found that people who did not talk about their inner pain “can cope quite successfully,” said researcher Mark Seery, “and, according to our results, are likely to be better off than someone who does want to express his or her own feelings.” So express yourself—or not—in a way that is healthy for you and, in the spirit of Christian love, respect the ways others choose to express themselves.

TWENTY-THIRD SUNDAY IN ORDINARY TIME

Ezekiel 33:7-9; Romans 13:8-10; Matthew 18:15-20 (127).

“Amen, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.”

Monday, Sep 07, 2026

Seek the spirit of the law

Treating the sabbath as a special day has a long and somewhat mixed history in the United States. In colonial times, minor violations were punished with fines, while serious offenses could face physical punishment. Variations on the so-called “blue laws” continue today in many states, fortunately without the extreme penalties. To pause from our labors is good. But to lose sight of the purpose of the sabbath is not. Jesus reminds us that compassion and good works rise above the letter of the law. Don't get caught up in legalisms—seek the greater good and extend a helping hand, no matter the circumstances.

LABOR DAY

1 Corinthians 5:1-8; Luke 6:6-11 (437). *“I ask you, is it lawful to do good on the sabbath rather than to do evil, to save life rather than to destroy it?”*

Tuesday, Sep 08, 2026

The Queen has arrived

On today's liturgical feast, placed nine months after Mary's Immaculate Conception, we rejoice in the arrival of the New Eve to the world. Joachim and Anna first lifted up their newborn, looked into her eyes, and could know that she was free from sin. Though the tiniest and weakest among humanity, she was its queen even then. As is recited in the Byzantine prayer, “Today the barren Anna claps her hands for joy, the earth radiates with light . . . for she who is Queen and the Father's immaculate bride buds forth from the stem of Jesse.” Imagine, therefore, that the greatest of the world's revelations was first disclosed in this newborn girl.

FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY

Micah 5:1-4a or Romans 8:28-30; Matthew 1:1-16, 18-23 or Matthew 1:18-23 (636). *“The Book of the genealogy of Jesus Christ, the son of David, the son of Abraham.”*

Wednesday, Sep 09, 2026

A horse of a different color

A famous Chinese folktale tells of an old man whose horse runs away. His neighbors comfort him on his loss, but he says, “I'm not sure this is a bad thing.” The following day the man's horse returns with another horse. His neighbors congratulate him on his gain, but once again he refuses to judge, saying, “I'm not sure this is a good thing.” The story continues in this vein, with ups and downs flowing one from another, so that it is impossible to tell whether

anything that happens is ultimately “good” or “bad.” Life is change. Health can turn into illness and sadness can change into happiness very quickly. All we can do is live in the blessing of love no matter the good and bad that comes our way.

1 Corinthians 7:25-31; Luke 6:20-26 (439). *“Blessed are you who are now hungry, for you will be satisfied.”*

Thursday, Sep 10, 2026

Unchain your heart

Through the sacrament of Penance and Reconciliation, Catholics are forgiven for their sins. You must be contrite and confess and then be granted absolution. By the sacrament, the errant individual is reconciled with God and the community. So, when others are forgiven, they are reconciled with you. As a member of the church, you participate in their freedom from transgression. Catholics are called to forgive even those who are not sorry. Forgiveness, whether you are the giver or receiver, releases you from the anger, hate, or shame that keeps you in chains.

1 Corinthians 8:1b-7, 11-13; Luke 6:27-38 (440). *“Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.”*

Friday, Sep 11, 2026

Hidden costs that are worth it

In Paul's First Letter to the Corinthians, he says that God offers the “gospel free of charge.” While it's true the gospel is preached for free, it never comes without a cost. We are obliged both to hear the word of God and keep it. What does that look like? Doctor of the Church Saint Peter Canisius put it this way: Such is a disciple, “that the sick may find healing; the sad, joy; the desperate, hope; the ignorant, instruction; those in doubt, advice; the penitent, forgiveness and comfort; and finally, everyone, whatever is necessary for salvation.” That's quite a to-do list for followers of Christ. Let's get to work!

1 Corinthians 9:16-19, 22b-27; Luke 6:39-42 (441). *“What then is my recompense? That, when I preach, I offer the Gospel free of charge.”*

Saturday, Sep 12, 2026

Hearts turn on a dime

Saint Celestine I began his papacy in September of 422. He was pope for 10 years and is remembered as the pope who founded the papal diplomatic service. He is also known for saying that “absolution or reconciliation should never be refused to any dying sinner who sincerely asked it; for repentance depends not so much on time as on the heart, which can be changed in a moment when God so wills.” Let's pray for transformed hearts, our own and others'.

1 Corinthians 10:14-22; Luke 6:43-49 (442). *“A good person out of the store of goodness in his heart produces good.”*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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