



Sacred Heart Catholic Community of Wilton

October 11, 2026 • Twenty-Eighth Sunday in Ordinary Time

PARISH COMMUNITY

Father John Christianson • jchristianson@crookston.org
Church Mailing Address: PO Box 1897, Bemidji, MN 56619-1897
Church Physical Address: 135 3rd St NW, Wilton, MN 56687
www.sacredheartwilton.com • Mass: Sunday morning 9:00 am

Fellowship Hall..... (218) 751-8446

BOOKKEEPER

Deb Heineman..... (218) 444-3287

BULLETIN INFORMATION

Ruth Walters (218) 308-1265
walters56601@gmail.com

Please call or email bulletin info by 7:00 pm on Thursdays.
If you wish to receive the bulletins via email, please contact
Ruth Walters at walters56601@gmail.com.

CEMETERY

Shelly Fredriksen (218) 556-8023
Richard Anderson..... (218) 467-3275

COMMUNITY OUTREACH & HALL RENTAL

Shelly Fredriksen (218) 556-8023
If you would like to use the church or social hall
for an event, (wedding, reunion, etc) please contact
Shelly to schedule and for rental information.

FUNERALS

LeAnn Agnes..... (218) 289-2351

LITURGY

Ann Illies..... (218) 751-9254
Lois Jenkins (218) 444-8140
Carol Bjelland..... (218) 760-1046

MAINTENANCE ADVISOR

Christopher Agnes..... (218) 401-4116

MUSIC MINISTERS

Deb Smith..... (218) 387-5322
Mardelle Mohs (715) 699-1384

PASTORAL COUNCIL

Joe Rucinski
Symon Schindler-Syme
Mary Sorenson..... (218) 368-7895
Jennifer Trammell..... (218) 556-5945
Ruth Walters (218) 308-1265
Theresa Wilander
Regular meetings are the third Sunday of Jan., Mar.,
May, Jul., Sep., and Nov. starting at 7:00 pm in the
church social hall.

PARISH OUTREACH

Deb Heineman..... (218) 444-3287

RELIGIOUS EDUCATION

Contact Fr. John for information.

TRUSTEES

Richard Anderson
Cheryl Pauly

ADDRESS/PHONE NUMBERS

If you have changed your phone number, address or email address, please let Shelly know so the church records can be updated. It is helpful when notification about weather related announcements need to go out. Thank you for your help.

BAPTISM

Please contact Father John. When a date is set, please contact Ruth Walters.

BUSY BAGS

There are Busy Bags available for children during Mass. They are on the bulletin rack.

CALLING TREE

If church is cancelled due to weather, an email notice will be sent. If you don't have email and would like to have a phone call for cancellations, please give your phone number to Zelda or Polly. Thank you.

HEARING HELP

If you need assistance in hearing, there are hearing devices available for Mass.

KEEP US INFORMED

Please keep the priests and other church members informed of the hospitalized, sick or shut-ins or a recent family death. Contact Zelda Cartier or Deb Heineman for a visit from a Eucharistic Minister or a card.

MASS INTENTIONS

If you would like Mass to be said for someone, please contact Ruth at (218) 308-1265 or fill out a Mass Intentions envelope found in the bulletin rack and give to Ruth.

SACRED HEART COMMUNITY WELCOMES YOU

No matter what your present status is in the Catholic Church.

No matter your current family or marital situation.

No matter your personal history, age, income, background, gender, race, ethnicity or spirituality.

No matter your own self-image of holiness or virtue -

You belong to Jesus Christ
and you belong to us!

You are invited, accepted and respected here at Sacred Heart.

We want to share our Roman Catholic way of faith and life in Christ with you!

NEW PARISHIONERS

New Parishioners are always welcome! Please see Shelly Fredriksen to register.

RECONCILIATION

8:30 am prior to Mass.

SERVING CREWS

If it is your month to serve on the cleaning crew, and you are unable to help, please find a substitute to take over for you.

TRADITION

The first Sunday of the month, Potluck immediately following Mass.

Everyone Welcome!

VICTIM ASSISTANCE COORDINATOR

Diocese of Crookston
Cindy Hulst, LSW
24 hour confidential number:
(218) 281-7895

SCHOLARSHIP

Sacred Heart has established a Youth Scholarship Fund to help with tuition for our young people who choose to attend parochial school. If you would like to donate to the fund, please indicate (either on the memo line of your check, on an envelope, or by post-it note) that the donation is for youth scholarships.

Restrooms are located at the far end of the social hall, and in the nursery. The nursery is available for anyone with small children, so that all may participate in celebrating Mass.

If you are in need of a gluten free host, please let the Sacristan know

Please pray for those who have been called to leave their families in service to our country.

LIGHTS & DOORS

If you are last person in church please make sure lights are off and the doors are locked.

10/11/26

Reading I Isaiah 25:6-10a

Resp. Psalm Psalm 23:1-6

Reading II Philippians 4:12-14, 19-20

Gospel Matthew 22:1-14

10/12/26

Reading I Galatians 4:22-24, 26-27, 31-5:1

Resp. Psalm Psalm 113:1b7

Gospel Luke 11:29-32

10/13/26

Reading I Galatians 5:1-6

Resp. Psalm Psalm 119:41, 43-45, 47-48

Gospel Luke 11:37-41

10/14/26

Reading I Galatians 5:18-25

Resp. Psalm Psalm 1:1-4, 6

Gospel Luke 11:42-46

10/15/26

Reading I Ephesians 1:1-10

Resp. Psalm Psalm 98:1-6

Gospel Luke 11:47-54

10/16/26

Reading I Ephesians 1:11-14

Resp. Psalm Psalm 33:1-2, 4-5, 12-13

Gospel Luke 12:1-7

10/17/26

Reading I Ephesians 1:15-23

Resp. Psalm Psalm 8:2-7

Gospel Luke 12:8-12



MARK YOUR CALENDAR

October 11 Meatball Dinner

Solway Lutheran Church - 11 am - 1:30 pm
Ages 8 & under - free, Ages 9 and up suggested \$15.00. Homemade Meatballs, mashed potatoes, gravy, vegetable, homemade lefse, homemade pies. Country store - bake sale.

October 18 Second Collection

World Mission Sunday

November 1 Potluck

Following Mass.

November Serving Crew

Polly Scotland, John & Mary Sorensen



Mass Intentions

MASS INTENTIONS

For the repose of the soul of

Lois Rucinski

PLEASE NOTE

If your birthday or anniversary did not appear in the bulletin, this is not an oversight. Anyone who did not request this information to be included in the bulletin on their parish registration form is not included. Please check with Shelly Fredriksen to make sure your information is up to date.



HAPPY BIRTHDAY!

• October 11 •

CAROL BJELLAND

• October 13 •

COLLEEN OESTREICH

• October 13 •

TEAGAN RUCINSKI

• October 14 •

ROSEMARY AMUNDSON

• October 14 •

LOIS JENKINS

PE/INTERVENTIONIST TEACHER

St Mary's Mission School in Red Lake is hiring a PE/Interventionist teacher for the 2026-2027 school year. The position can be full or part time. We offer competitive wages and full benefits. For more information about the position, please contact Alyssa Schindler at principal@stmarysmmission.org

DEEPEN YOUR WALK WITH CHRIST THROUGH CURSILLO

Are you looking for a meaningful way to draw closer to God and let Jesus guide your daily life? A Cursillo weekend is a powerful opportunity to renew your faith and transform how you view your family, work, and friendships. The men's Cursillo is fast approaching on October 22-25 at the Nazareth Retreat House in Crookston —please submit your application soon! Learn more and apply today at crookstoncursillo.weebly.com.



OCTOBER 11

Greeters.....Lorraine Galland

Altar Server.....Teagan Rucinski

Announcers & Readers.....Joe Rucinski

Josie Proulx, Lois Jenkins

Ushers.....John Trammell

John Sorensen

Eucharistic Ministers.....Lorraine Galland

Evie Johnson, Kathy Carrlson

OCTOBER 18

Greeters.....Ann Illies

Altar Server.....Parker Fuller

Announcers & Readers.....Deb Heineman

Alyssa Schindler, Molly Vollbrecht

Ushers.....Karl Oestreich

Zach Thoma

Eucharistic Ministers.....Theresa Wilander

Stephanie Downey, Karen Shafer

OCTOBER 25

Greeters.....Lorraine Galland

Altar Server.....Joseph Smith

Announcers & Readers.....Gloria Collyard

John Carrlson, Joe Rucinski

Ushers.....Theresa Wilander

Carol Bjelland

Eucharistic Ministers.....Evie Johnson

John Trammell, Kathy Carrlson

EUCHARISTIC MINISTERS

The person who is listed first in the bulletin should bring the ciborium from the tabernacle to the altar and offer the body of Christ to those coming for communion. The other two listed should offer the cup with the Blood of Christ.

- **Eucharistic Ministers, please remember to gather the vessels after Mass and clean them for the next week in the Sacristy.**
- **The Eucharistic Minister who brings the eucharist from the tabernacle to the altar is responsible for returning the key for the tabernacle to the sacristy.**

"I know how to live in humble circumstances; I know also how to live with abundance. In every circumstance and in all things I have learned the secret of being well fed and of going hungry, of living in abundance and of being in need." Philippians 4:12

St. Paul neither craved nor rejected material wealth. He was simply detached from it; he could take it or leave it. A steward is called to "possess lightly." Money is neither good nor evil, but merely reflects the person who possesses it.

REMEMBER IN PRAYER

Reminder: please notify Ruth when loved ones no longer need to be on our prayer list.

Jim Aakre
Barb Arbuckle
Sandra Brown
Kristy Christianson
Curt Connelly
Bill Downs
Alys Ann Edwards
Blake Edwards
Harriet Elsberd
Dennis Enright
Marty Fallon
Sophia Forchass
Lorraine Galland
Briggs Geisen
Brandi Green
Brandon Hart
Johanna Heineman
Harlan Johnson
Van Johnson
Whitey Kloeppner
Rosie Larson
Mike Lien
Margie Lisak
Kay Lisak-Buck
Julianne Little
Lydia
Kate Mayo
Seth & Lochlan McClusky
Brody Moen
Delores Orth
Elizabeth Parthun
Joe Raiter
Janice Renner
Lubchek Ryzhy
Larry Schmidt
Cathy Simenson
Kevin Smethers
Calvin Smith
John Sorensen
John Swanson
Peggy Thayer
Debbie Theis Miller
Katie Van Der Meer
Gary Vold
Mike & Rosemarie Weber
Madonna Welter

2026

SACRED HEART CHURCH WILTON FALL DINNER

Dinner

Dinner & Donations\$8,537.00
Re-sale of Food
(Most donated to non-profits).....\$95.00
Craft and Bake Sale Table.....\$861.08
Sub-total.....\$9,493.08

Expenses:

Advertisement.....\$155.00
Food.....\$2,550.09
Potatoes (Donated)\$0.00
Food License.....\$95.00
Paper Products.....\$115.00 (est)
Printing, Decorations and Supplies..\$96.67
Extra Garbage Pickup -None.....\$0.00
Expenses sub-total.....(-\$2,976.76)
Less beginning cash.....(-\$1,215.00)

NET PROFIT FROM

FALL DINNER.....\$5,301.32

A big thank you to everyone who volunteered and helped out with the 88th Fall Dinner. It was a great success! Gross receipts for the dinner and donations were the highest in the entire history of the fall dinner.

Special thanks again to the "Ollies" (Polly and Molly), our fearless Fall Dinner organizers; the "behind the scenes" workers, including the food/craft table crew, the cooking crew, the servers, our wonderful young people, everyone who slaved over the decorations and who helped put up signs, the meat cutters, salad makers, potato peelers, dishwashers, those who prepared the "to go" boxes and those who, though exhausted, stayed to clean up.

GREAT JOB EVERYONE!!

WHAT'S IN YOUR HEART?

- "Behold our God, to whom we looked to save us!" God provides. When have you been fed and comforted by God? What do you bring in your heart to the Eucharist, God's feast? Love and gratitude? Or something else? What do you take away from Mass?
- When have you looked to the Lord? How do you respond to the salvation God offers you?

ADVENTURES IN LIFELONG LEARNING

Adventures in Lifelong Learning is organized exclusively to provide opportunities for continued lifelong learning in the Bemidji area. It is intended that ALL programs will assist participants to improve their critical thinking skills and appreciate the diversity of human experience through presentation.

Bemidji ALL: since 1994

Tuesday, October 13, 2026 --

Bonnie Lundorf: Exploring Vintage Textiles, 1869s-1960s

Join Bonnie Lundorff as she takes you on a colorful journey of the history of textiles, showing beautiful and unique samples of hooked rugs, quilts, and pillows and teaches you how to care for them. Bonnie is the owner of Willow Wood Market, a little quilt shop/wool studio just south of Bemidji.

Note: NELL -- Northern Exposure to Lifelong Learning -- hosts Isabelle and this presentation, Wednesday, September 30, 9:30 a.m., Bagley Public Library. Part of Isabelle's story is also in print in the newly published North Country Journal. Books will be for sale at her presentations.

Fall, 2026: 8 Tuesdays, 10-11:30 am at The Bemidji Eagles, starting 9/29/26 - 11/17/26
Please, bring your own coffee/tea/water cups.

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October is the month of the Rosary

Sunday, Oct 11, 2026

A place set for you at the table

That tiny wafer we receive at Communion and the little sip we take from the cup doesn't seem like much of a feast. But look at it this way: As it says in one of the Mass prayers, it's the "foretaste and promise of the Paschal feast of heaven." Our little banquet in church is a sacrament, the visible sign of an invisible reality. What we don't yet see is the fullness and completeness of life to which the sign points, described in scripture as a wedding reception. The nice thing about this wedding is that we, as the church, are not simply guests—we are the bride!

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME
Isaiah 25:6-10a; Philippians 4:12-14, 19-20; Matthew 22:1-14 or Matthew 22:1-10 (142). *"Tell those invited: 'Behold, I have prepared my banquet ... and everything is ready; come to the feast.'"*

Monday, Oct 12, 2026

Preserve and protect

Nineveh was an ancient Assyrian city located across the banks of the Tigris River from modern-day Mosul, Iraq. It gained biblical fame for being spared by God because it heeded the prophet Jonah's call to repentance. Today, lack of protection from natural elements and looters has led to the ancient city's 3,000-year-old ruins being included on a Global Heritage Fund list of world sites on the verge of irreparable loss and destruction. The unrepentant of Jesus' day seem to have forgotten all about Nineveh. Let's not make the same mistake. Be a voice for the protection and preservation of great historical sites that remind us of our roots.

Galatians 4:22-24, 26-27, 31-5:1; Luke 11:29-32 (467). *"At the judgment the men of Nineveh will arise with this generation and condemn it."*

Tuesday, Oct 13, 2026

Honor the sorrowful mysteries

"I am a man of constant sorrow." So goes the bluegrass song popularized in the movie *O Brother, Where Art Thou?* Many of us have seen our share of sorrow, but few have made a hard-and-fast vocation of it. Mary of Nazareth, too, was warned that the sword of sorrow would pierce her heart. Seasons of suffering afflicted her, but they did not deter her from experiencing the joy, light, and glory of others. When faith works through love, the whole spectrum of life finds its balance. Tuesdays are for honoring—in Rosary-speak—the "sorrowful" mysteries of life.

Galatians 5:1-6; Luke 11:37-41 (468). *"For in Christ Jesus, neither circumcision nor uncircumcision counts for anything, but only faith working through love."*

Wednesday, Oct 14, 2026

The God of all

Because of their demand that people follow every prescription of Mosaic law and tradition, the scribes and Pharisees excluded many people, especially the poor and the sick, from the ranks of the righteous. Today we'd say they "sweated the small stuff" while ignoring the people most in need, sealing God behind a wall of regulations. Jesus, on the other hand, ignored and removed barriers, welcoming everyone. Perhaps Jesus had a bit of Robert Frost's Yankee wisdom: "Something there is that doesn't love a

wall." In our own zeal for being right and law-abiding we need to remember Jesus who knew that God is not the property of the best and brightest or even the "rightest." God is the God of all, especially those who have no one to depend on but God.

Galatians 5:18-25; Luke 11:42-46 (469). *"If you are guided by the Spirit, you are not under the law."*

Thursday, Oct 15, 2026

An insightful example

Today we honor one of the great women of the church, Saint Teresa of Avila, also known as Teresa of Jesus. Teresa's life seemed rather routine on the surface—she was a cloistered nun in the 1500s. But as her mystical encounters with Jesus emerged, along with her desire for a simpler, less "worldly" way of being, she began to write about the spiritual life and advocated for reform of her religious order, against strong opposition. Declared a doctor of the church in 1970, Teresa's reforms and enduring spiritual insights still carry weight. What reform, small or large, can you work toward today that can help bring about peace and spiritual growth for yourself and others?

MEMORIAL OF TERESA OF JESUS, DOCTOR OF THE CHURCH

Ephesians 1:1-10; Luke 11:47-54 (470). *"Woe to you, scholars of the law! You have taken away the key of knowledge."*

Friday, Oct 16, 2026

The fungus among us

The famous 17,000-year-old cave paintings in Lascaux, France have, in recent history, faced recurring threats from black and grey mold and fungal outbreaks. These outbreaks were triggered by disruptions to the underground microclimate from artificial lighting, upgraded air conditioning systems, and human breath, causing damage to the beautiful art that had withstood the test of time. In a similar way, Jesus saw the danger in allowing the leaven of the Pharisees—another kind of fungus—to take up residence in the lives of his followers. Hypocrisy is a great temptation for us religious-minded folks: to profess one thing while doing another.

Ephesians 1:11-14; Luke 12:1-7 (471). *"Beware of the leaven—that is, the hypocrisy—of the Pharisees."*

Saturday, Oct 17, 2026

Clarity under pressure

Map the distance between Antioch, Syria, and Rome: 3,716 kilometers, 39 hours by car—without traffic. Now imagine traveling that distance in chains around the year 107, with hungry lions awaiting your arrival. Even with all that, Ignatius of Antioch, approaching a brutal martyrdom, writes from the road to the Ephesians: "I do not issue orders to you, as if I were some great person. For though I am bound for His name, I am not yet perfect in Jesus Christ." His focus is on the privilege of dying for God's glory: "Being blessed in the greatness and fullness of God," he sends readers "abundant happiness through Jesus Christ, and His undefiled joy." When you face frightful realities, call on Ignatius to help you stay strong and see beyond the moment.

MEMORIAL OF IGNATIUS OF ANTIOCH, BISHOP, MARTYR

Ephesians 1:15-23; Luke 12:8-12 (472). *"Hearing of your faith in the Lord Jesus . . . I do not cease giving thanks for you."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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**TRICK
OR
TREAT**

**Hey Dad's and Kids...
Join us for the next
Bemidji Area All Pro Dad**



DAD'S DAY BREAKFAST



Saturday, October 17th

9:00 – 10:30 A.M.

**Sacred Heart Church
(135 3rd St. NW, Wilton, MN 56601)**



reakfast... Bonding... and Fun!
(Waffles, Sausage, Fruit, Cereal & Donuts!)

Last month's Dad's Day Breakfast was a GREAT start to the new school year. We had close to 90 kids and Father Figures in attendance. It would be great to hit at least 100 this month as we travel to Sacred Heart Church, over in Wilton! We have a great morning lined up, which includes some Halloween BINGO, and a "Pie Walk" to end our morning, with all kinds of prizes. Kids are welcomed to wear their Halloween Costumes too! We hope to see you there!

Can't Make It?

**Hope to see you in
two months:**

Saturday, Dec. 12th!

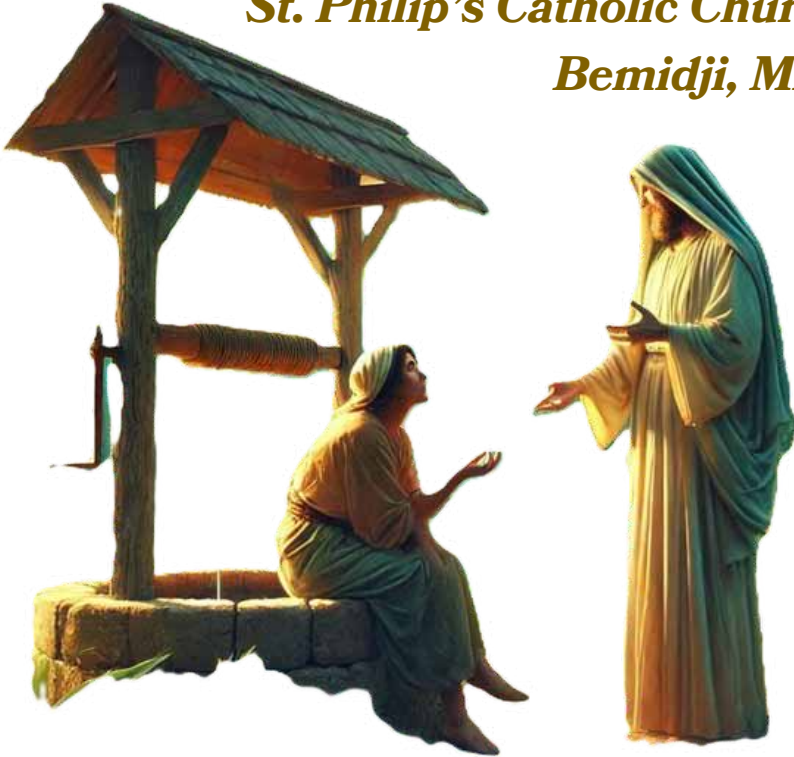
**For more information or questions,
please feel free to contact us at:
bemidjiallprodads@gmail.com**

www.AllProDad.com

Women at the Well

Thursday, October 22, 2026

St. Philip's Catholic Church Social Hall
Bemidji, MN



6:15 pm

Social Time

(Mocktails & Refreshments)

7:00 pm

Speaker Jessica Bartholomew
Sex Trafficking

8:00 pm

Adoration
Confessions

A Ministry for Women ages 16 and over.



Jessica Bartholomew has over 25 years experience working with children, teens, and families in domestic and foreign missions. As a metro area Police Officer, she brings firsthand information and experience to the issues of child and teen online sexual exploitation and trafficking.

Jessica has received much recognition for her work including recognition from the Minneapolis City Attorney's office for her undercover work and missing child recovery and a 100% conviction rate. She retired from law enforcement in 2014 and launched a non-profit organization Act United. Her mission is to take everything she knows about what leaves children and teens vulnerable to exploitation, the cultural and spiritual dynamics that fuel a dark market for child abuse and trafficking and use it to educate and equip schools/communities in prevention.

Jessica is an engaging, passionate speaker to all adults, youth, and professional audiences who will leave you not just informed of the facts but inspired to take action by her message that "UNITED WE WIN!"